

Abstract**Alireza Farnam*****MD, Psychiatrist******Professor of Psychiatry***

Tabriz University of Medical Sciences

Main Interests:

Personality
Mental growth & Self-Awareness
Neuropsychology & Neurophilosophy of mind

Professional Positions:

- Head of Education Development Center (Tabriz)
- Head of Working Group on Development of Knowledge of Psychiatry and Psychology
- Head of the Self-Awareness Research Committee (Tabriz)
- Head of the Psychiatry branch in East Azerbaijan
- Member of the working group for the revision of the "Personality Disorder" section of ICD-11, World Health Organization (WHO)
- Member of Professional Committee of Forensic Medicine
- Member of Research Center for Psychiatry and Behavioral Sciences (Tabriz)
- Head, Vice-chancellor for education, Tabriz University of Medical Sciences (2011)

Publication**113 published papers****H index (scopus): 10****H index (scholar): 17****i10-index: 27****Citations: 482****Citations: 1240****Research**

More than 35 thesis supervised

More than 25 Oral lectures

More than 20 congress abstracts

Honors: Exemplary Professor of the University for several times

PERSONAL INFORMATION

Alireza Farnam

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Gender Male | Date of birth May 1969 | Nationality Iranian

INTEREST

Personality

Mental growth & Self-awareness

Neuropsychology & Neurophilosophy of mind

EDUCATION

1998-2003

Specialty in Psychiatry

Tabriz University of medical science, Tabriz, Iran

Thesis: Effective of Fluoxetine on Various Subtypes of obsessive – compulsive Disorder

1988-1995

Doctorate of Medicine (MD)

Tehran University of Medical Science, Tehran, Iran

Thesis: The mythic feature of personality; Carl Gustav Jung

WORK EXPERIENCE

2004- continued

Professor of Psychiatry

Department of Psychiatry, Tabriz University of Medical Sciences

SCIENTIFIC ACTIVITIES

Publications-**Books:**

- Classification of medical universities of Iran; A review *Tabriz University of Medical Sciences- 2009*
- Principles of Psychodynamic Formulation in Psychiatry *Tabriz University of Medical Sciences- 2017*
- History of Psychiatry in Iranian Medicine *Tabriz University of Medical Sciences- 2017*
- Classification and Definition of Antisocial Personality Disorder *Textbook of Antisocial Personality Disorder- 2022*
- Feeling good (Translation) *Arjmand Publications-2023*

Publications-**Papers:**

- Identifying the Selection Criteria for Elite Lecturer in Medical Education: A Qualitative Study *Depiction of Health- 2022*
- The Effectiveness of Acceptance and Commitment Therapy (ACT) on Experiential Avoidance, Depression, and Anxiety in Love Trauma Syndrome *Journal of Clinical Psychology- 2022*
- Structural Equation Modelling of Primary and Secondary Vulnerability of Psychopathic Disorder Based on Behavioral Brain Systems in Medical Students *Depiction of Health- 2022*
- Probiotics as an effective therapeutic approach in alleviating depression symptoms: an umbrella meta-analysis *Critical Reviews in Food Science and Nutrition- 2022*
- The role of pain, hopelessness, belonging, and suicide capacity in predicting suicide attempt in people with psychiatric disorders *Medical Journal of Tabriz University of Medical Sciences- 2022*
- Saffron, as an adjunct therapy, contributes to relieve depression symptoms: An umbrella meta-analysis *Pharmacological research- 2022*
- Modeling of structural relationships between suicide risk factors based on Three-Step Theory (3ST) among people with emotional disorders *Shenakht journal of psychology & psychiatry- 2021*
- Designing a therapeutic model of personality biopsychological approach for personality difficulty: A new setting for psychiatric residents' clinical education *Research and Development in Medical Education- 2021*

- The Establishment of a Clinic for Personality Modulation in Iran: A Novel Approach in Personality Psychiatry with a Dimensional Approach *Depiction of Health- 2021*
- How online behavior demonstrates psychological conflicts in Emile Durkheim's collective consciousness of societies highly involved in the COVID-19 pandemic *Research and Development in Medical Education- 2021*
- Maternal Morphine Exposure and Post-Weaning Social Isolation Impair Memory and Ventral Striatum Dopamine System in Male Offspring: Is an Enriched Environment Beneficial? *Neuroscience- 2021*
- Enriched environment and social isolation differentially modulate addiction-related behaviors in male offspring of morphine-addicted dams: The possible role of μ -opioid receptors and Δ FosB in the brain reward pathway *Brain Research Bulletin- 2021*
- Phenomenology of human collective consciousness confronting COVID-19: The trace of the pandemic in the humane mind *BiolImpacts- 2021*
- Psychophysiological Characteristics of Aggression Associated with Depression before and after Successful Treatment with Sertraline: A Clinical Trial Study *Pharmaceutical Sciences- 2020*
- The effectiveness of acceptance and commitment group therapy on the components of academic well-being (burnout, engagement, satisfaction, and valuability) in students *Quarterly Journal of Child Mental Health- 2020*
- Planes of Being According to the Temperament and Character model of Personality Measured by a Controlled Word Association Test *Journal of Experimental and Clinical Neurosciences- 2020*
- To Be or not to Be: COVID-19 Pandemic, a Time for Activation of Dasein's most Fundamental Conflicts *Journal of Philosophical Investigations- 2020*
- Pharmacotherapy for reducing the grieving process of romantic relationship breakup: a clinical trial *Iran Journal Psychiatry Behavioral Sciences- 2020*
- The Relationship between Metacognition Skills with Academic *International Journal of Pediatrics-2020*

Motivation and Academic Achievement among High School Students in Kerman, Iran

- Existential anxiety and time perception: an empirical examination of Heideggerian philosophical concepts towards clinical practice. *Journal of Philosophical Investigations- 2019*
- Substantial Motion and Self-aware Soul: Does Mulla Sadra's "Substantial Motion" theory provide a reliable framework for the Explanation of the Relationship between Body and Soul? *Modern psychological research- 2019*
- Correlation between major depressive disorder and circulating natural killer cells *Archives of Medical Laboratory Sciences- 2019*
- The predictive role of alexithymia in marital satisfaction and forgiveness among women with antisocial personality *SALAMAT IJTIMAI (Community Health)- 2019*
- The effectiveness of group schema therapy on early maladaptive schema of traditional and industrial addicts under methadone treatment *Journal of psychological science-2019*
- The comparison of the effectiveness of group schema therapy and group emotional-based couple therapy on couples' maladaptive schemas and life satisfaction *Journal of psychological science- 2019*
- The effectiveness of critical thinking training on the internal and external orientation of high school students *Journal of psychological science- 2019*
- The Effect of Critical Thinking on Metacognitive Knowledge and Epistemological Beliefs of High School Students *Iranian journal of educational sociology- 2019*
- Comparison of temperament and character of patients with major depressive disorder with control group *Tabriz University of Medical Sciences- 2019*
- Personality disorders: The reformed classification in international classification of Diseases-11 (ICD-11) *Indian Journal of Social Psychiatry- 2018*
- Effectiveness of Problem Solving and Anger Management on decrease of Parent-Adolescent Conflicts among Boy Students *Journal of Educational Psychology Studies- 2018*
- Assessment of Behavioral Approach and Behavioral Inhibition Systems in Mood Disorders *Basic and Clinical Neuroscience- 2018*

- The mediating relationship between internet addiction with happiness and personality traits in students *Journal of Fundamentals of Mental Health- 2018*
- Investigating the Relationship between Organizational Learning and Entrepreneurship with job Performance of High School Principals in Saravan, Iran *AMAZONIA INVESTIGA- 2018*
- The Effectiveness of Training Self-Encouragement Based on Shoenaker's Method in Spiritual Health among University Students *Journal of Police Medicine- 2018*
- The Effectiveness of Shoenaker's Self-Encouragement Training on Feelings of Loneliness among University Students *Education Strategies in Medical Sciences- 2018*
- Phenomenology of love: The Destructive and Constructive Nature of Love *Philosophical Investigations- 2017*
- Effect of positive training on positive psychological states (character strengths) of female high school students *POSITIVE PSYCHOLOGY RESEARCH- 2017*
- Irrational Beliefs of Youth Smoking Hookah in Traditional Teahouses and those Attending Bodybuilding Gyms *Journal of Mazandaran University of Medical Sciences- 2017*
- Role of big five personality traits in obsessive-compulsive disorder and sleep quality among students *Journal of Research and Health- 2017*
- Relationship between the situation of professional practice environment and perceived stress of nurses in neonatal intensive care units *Scientific Journal of Nursing, Midwifery and Paramedical Faculty- 2017*
- Studying the effect of sertraline in reducing aggressive behavior in patients with major depression *Advanced pharmaceutical bulletin- 2017*
- Effect of female genital mutilation/cutting on sexual functions *Sexual & Reproductive Healthcare- 2016*
- Effectiveness of Healthy Behavior Training in Problem Solving Styles and Strategies of Coping with Problems in High School Students with Emphasis on Problem Solving *Journal of Educational Psychology Studies- 2016*
- The effect of regular aerobic exercise on both positive and negative symptoms of male patients with chronic *International Journal of Medical Research & Health Sciences-2016*

Schizophrenia: A double blinded study

- Effect of anger patterns and depression on serum IgA and NK cell frequency *Iranian Journal of Immunology-2016*
- The effect of positive thinking training in enhancement of quality and hope of life among the elderly *Positive Psychology- 2016*
- The Effectiveness of positivism training on enhancement of hope with emphasis on Qur'an and Islamic issues *CLINICAL PSYCHOLOGY STUDIES-2016*
- The relationship between anger expression and its indices and oral lichen planus *Chonnam medical journal- 2016*
- Word and nonword repetition in patients with Schizophrenia *Tabriz University of Medical Sciences- 2015*
- A less conservative criterion for stability analysis of linear systems with time-varying delay *SCIENTIA IRANICA-2015*
- Machine learning-based signal processing using physiological signals for stress detection *2015 22nd Iranian Conference on Biomedical Engineering (ICBME)- 2015*
- pH of soul: How does acid-base balance affect our cognition? *BiolImpacts- 2014*
- The therapeutic effect of adding emotional awareness training to standard medical treatment for irritable bowel syndrome: A randomized clinical trial *Journal of Psychiatric Practice-2014*
- The effectiveness of the mindfulness based relapse prevention (MBRP) model on relapse prevention and coping skills enhancement in people with substance dependency *Clinical Psychology Studies- 2014*
- Asymmetrical expression of BDNF and NTRK3 genes in frontoparietal cortex of stress-resilient rats in an animal model of depression *Synapse-2014*
- Efficacy evaluation of unified transdiagnostic treatment in Patients with generalized anxiety disorder *International Journal of Behavioral Sciences- 2014*
- Efficacy evaluation of unified transdiagnostic treatment in symptoms reduction of patients with generalized anxiety disorder and a comorbid emotional disorder *Journal of Psychology (Tabriz University)- 2014*

- Affective reactivity of speech in patients with schizophrenia and their non-schizophrenic relatives *Nordic Journal of Psychiatry- 2013*
- The effect of training problem-solving skills on coping skills of depressed nursing and midwifery students *Journal of caring sciences- 2013*
- Attitudes of emergency medicine physicians towards family presence during resuscitation *Resuscitation- 2013*
- Androgenic activity evaluation of ginger rhizome in reducing depression in the forced swimming test of rats Exposed to Electromagnetic Field (EMF) *International Journal of Women's Health and Reproduction Sciences-2013*
- The short term effect of nicotine abstinence on visuospatial working memory in smoking patients with schizophrenia *Nordic Journal of Psychiatry- 2013*
- Effectiveness of Mindfulness-Based Cognitive Therapy (MBCT) in reducing aggression of individuals at the juvenile correction and rehabilitation center *International journal of high risk behaviors & addiction- 2013*
- Theory of mind in obsessive-compulsive disorder patients versus normal individuals *Advances in Cognitive Science- 2013*
- Factors related to marital satisfaction in women with major depressive disorder *Iranian Journal of Psychiatry- 2012*
- Antidepressant-like activities of Ocimum basilicum (sweet Basil) in the forced swimming test of rats exposed to electromagnetic field (EMF) *African Journal of Pharmacy and Pharmacology- 2012*
- Treatment effects of onion (Allium cepa) and ginger (Zingiber officinale) on sexual behavior of rat after inducing an antiepileptic drug (Lamotrigine) *Balkan Medical Journal- 2012*
- Relationship between Alpha power in frontal and Temperament-Character with self-injuring behavior in Borderline personality disorder *Research Journal of Biological Sciences- 2012*
- Reliability of the Purdue Pegboard and Two-Point Discrimination Tests in school students with developmental dysgraphia. *Modern Rehabilitation- 2012*

- Investigation of stress symptoms among primary school children *Journal of caring sciences- 2012*
- Sources of stress for nurses in neonatal intensive care units of East azerbaijan province, iran *Journal of caring sciences- 2012*
- The comparison of worry, obsession and rumination in individual with generalized anxiety disorder, obsessive-compulsive disorder, major depression disorder and normal individual *Psychological Studies- 2012*
- Coping With Stress in Iranian School-Age Children *Nurs Midwifery Stud- 2012*
- Factors related to marital satisfaction in women with major depressive disorder *Iranian journal of psychiatry- 2011*
- The Effect of Maternal Personality in Functional Constipated Children *Pediatric Research- 2011*
- The five factor model of personality in mixed anxiety-depressive disorder and effect on therapeutic response *Asian Journal of Psychiatry- 2011*
- The rationale for the reclassification of personality disorder in the 11th revision of the International Classification of Diseases (ICD- 11) *Personality and Mental Health- 2011*
- Planning genomic study in an animal model of depression: A preliminary report *BiolImpacts- 2011*
- A classification based on evidence is the first step to clinical utility *Personality and Mental Health- 2011*
- Comparison of Metacognitive beliefs in depressed, obsessive-compulsive and healthy groups *Journal of Kerman University of Medical Sciences- 2011*
- Psychometric Properties of the Schizotypic Syndrome Questionnaire (SSQ) *Medical Journal of Tabriz University of Medical Sciences- 2011*
- Treatment effect of allium cepa on sexual behaviour after inducing an antiepileptic drug (lamotrigine) in male rats: P1318 *European Journal of Neurology- 2010*
- Validity of Hostile Attitude Scale Questionnaire in Determination of Hostility in 150 Students of Tabriz Medical *Medical Journal of Tabriz University of Medical*

Faculty	<i>Sciences-2010</i>
• Stress Symptoms in Elementary School Children of Tabriz	<i>Nursing and Midwifery Journal-2010</i>
• Delusional disorder: clinical and demographic features and outcome	<i>Shiraz E Medical Journal-2010</i>
• The comparison of rumination in patients with major depression disorder, obsessive-compulsive disorder, generalized anxiety disorder and normal individuals	<i>Journal of Sabzevar University of Medical Sciences- 2010</i>
• Depressed Patient's Family Functioning, a Study Based on McMaster's Model	<i>Medical Journal of Tabriz University of Medical Sciences and Health Services-2010</i>
• Functional constipation in children: does maternal personality matter?	<i>Italian journal of paediatrics-2009</i>
• Clinicians' view of experience of assessing and following up depression among women in IR Iran	<i>World cultural psychology research review- 2009</i>
• Effect of Cognitive-Behavior Therapy, Exposure and Response Prevention on Obsessive-Compulsive Disorder	<i>Medical Journal of Tabriz University of Medical Sciences and Health Services-2009</i>
• High prevalence of depression among Iranian patients with first onset pseudoseizures	<i>Indian journal of psychiatry-2008</i>
• Five personality dimensions in patients with irritable bowel syndrome	<i>Neuropsychiatric disease and treatment- 2008</i>
• Relationship between depression and degree of pain feeling in patients with migraine headache	<i>International Journal of Behavioral Sciences- 2008</i>
• Personality factors and profile in variants of irritable bowel syndrome	<i>European Psychiatry- 2008</i>
• Effectiveness of fluoxetine on different clinical subtypes of obsessive-compulsive disorder	<i>European Psychiatry- 2008</i>
• A psycho educational program for relapse prevention in bipolar disorder	<i>Research Journal of Biological Sciences-2008</i>
• Personality factors and profiles in variants of irritable bowel syndrome	<i>World journal of gastroenterology- 2007</i>

**Thesis
supervised**

- The evaluation of the effect of adding Clonidine to Sertraline in the severity of attachment and suffering from detachment in depression of the post-breakup
- The association between personality traits with life stresses in the format of Cloninger's "Planes of being" in the patients with Major Depressive Disorder
- Assessment of poetry (poetic tendencies) and its relation with personality elements according to the Cloninger theory in young volunteers with academic education
- Assessment of existential anxiety and its relation with personality elements according to the Cloninger theory in medical students
- The relationship between personality traits and the results of the word association test of Jung according to "planes of being" of Cloninger
- The assessment of the relationship between existential anxiety and time perception among medical students of Tabriz University in the second quarter of year 95
- The effect of growing up in normal, isolated and enriched environments on the appearance of some behaviours related to morphine dependency and molecular parameters in the adult male offspring of morphine addicted dams
- Assessment of time perception and its relation with personality elements according to the Cloninger theory
- Calculating level of awareness based upon the Cloninger TCI-125 questionnaire in students of Medical Sciences in Tabriz
- Investigating personality elements according to the Cloninger, in patients with various types of obsessive compulsive disorder (OCD)
- Investigating personality elements according to the Cloninger, in patients with obsessive compulsive disorder (OCD) and inadequate response to treatment
- Description and comparison of autonomous nervous system function in aggressive depressed patients before and after sertraline treatment by the measurement of related biomarkers
- Effect of nicotine on visuo-spatial deficits in patients with schizophrenia
- Personality dimensions and smoking

- Relationship of pediatric functional constipation and maternal personality
- Personality profile and treatment outcome of patients with mixed anxiety and depressive disorder
- Co-morbidity of depression with conversion disorders
- Co-morbidity of depression with obsessive compulsive disorder
- Depression and pain sensation in patients with migraine headache Awareness of emotions for decreasing pain severity and frequency in patients with irritable bowel syndrome
- Awareness of emotions for decreasing pain severity and frequency in patients with irritable bowel syndrome
- Alexithymia in patients with irritable bowel syndrome
- Anxiety in patients with irritable bowel syndrome
- Season of birth and personality
- Birth order and personality
- Personality profile in patients in various types of migraine headache
- Validity of Hostile Attitude Scale questionnaire in determination of hostility
- Psychometric properties of the Schizotypic Syndrome Questionnaire (SSQ)
- Dreams: psychiatry and religion