



Tabriz University of Medical Sciences (TUOMS)
School of Medicine

Curriculum Vitae

Personal Data:

First name: Sousan

Last name: Kolahi

Nationality: Iranian

Date of birth: January 3, 1970

Place of birth: Marand, Iran

Marital status: Married

Specialty: Rheumatology

Academic rank: Professor of Rheumatology

Department/Research Center: Department of Internal Medicine, Imam Reza Hospital, Tabriz
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Scopus ID: 23978033500

ResearcherID: M-3447-2017

ORCID:



Fields of interest

Rheumatoid Arthritis, Osteoarthritis, Behcet's Disease

Skills: (language, software...)

Languages: Farsi, Turkish, English, and some Arabic

Educational Background:

Date	Degree	Institution	Country
2005-6	Rheumatology Fellowship	McGill University, Montreal	Canada
2001-	Rheumatology Subspecialty	Shahid Behashti university of Medical Sciences Tehran,	Iran
(1995-1998)	Residency	Tabriz University of Medical Sciences	Iran
	MD	Tabriz University of Medical Sciences	Iran

Sabbaticals:

Start and End Date (month/year)	Details

Thesis

Degree	Title
	Neutrophils myeloperoxidase index in megaloblastic anemia study of 60 patients
	Prevalence of diabetic dermopathy: study of 454 patients

Educational experience

Teaching

Date (month/year)	Course Name, Venue (Institution, Address)
	Teaching in rheumatology physiopathology course for medical students in Tabriz University of Medical Sciences
	Teaching for students of physiotherapy in Tabriz University of Medical Sciences.
	Teaching internal medicine course in Tabriz dental medicine university.
	Training in clinical rheumatology of internal medicine resident in Tabriz University of Medical Sciences.

Workshop(s)

Date (month/year)	Course Name, Venue (Institution, Address)
	Research workshop
	EBM workshop

Lecture(s)

Date (month/year)	Details
<u>1999</u>	Hejazi E, Kolahi S. Case report of Yellow-nail-syndrome, 10th Congress of Iranian College of International Medicine. Persian
<u>2006</u>	Ostadrahimi AR, Mahboob SA, Farrin N, Kolahi S. Nutrition and bone assessment of post-menopausal women in Tabriz. The second international congress of gerontology in Iran; Persian
<u>2006</u>	Ostadrahimi AR, Mahboob SA, Kolahi S, Farrin N, Ghavami M. Physical activity and bone mineral density in postmenopausal women. 9 th Iranian Nutritional Congress. Persian
<u>2006</u>	Farrin N, Mahboob SA, Ostadrahimi AR, Kolahi S. Relationship between calcium intake from dairy products and bone mineral density in post-menopausal women. 9 th Iranian Nutritional Congress. Persian

<u>2007</u>	Kolahi S, Farrin N, Ostadrahimi AR, Mahboob SA. Assessment of micronutrients (calcium, phosphorous and magnesium) intake and their association with mass density in postmenopausal women in Tabriz-Iran. 2 nd International congress on Food and Nutrition; Istanbul, TURKEY
<u>2007</u>	Hajjaliloo M, Khabaazi A, Kolahi S. Neck involvement in RA. First Rheumatology society congress, Iran-Tehran. Persian
<u>2007</u>	Khabaazi A, Hajjaliloo M, Kolahi S, Khatoun Sharif S, Mirfeizi Z. A study of 35 patients with palindromic rheumatism. Iran-tehran. Persian
<u>2007</u>	Kolahi S, Momayezi A. Lupus presentation in Iranian patient. First Rheumatology society congress, Iran-Tehran. Persian
<u>2007</u>	Khabaazi A, Hajjaliloo M, Kolahi S. Study on Diagnostic Value of Anti Cyclic Citrullinated Peptide (Anti C.C.P) in Rheumatoid Arthritis Patients. First Rheumatology society congress Iran-Tehran. Persian
<u>2007</u>	Hajjaliloo M, Khabaazi A, Kolahi S. The Study about duration between onset of radiographic and diagnostic clinical finding of Ankylosing spondylitis and diagnosis in Iran. First Rheumatology society congress, Iran-Tehran. Persian
<u>2008</u>	Kolahi S, Rajaei AR, Kolahi AA. Nutritional status of postmenopausal osteoporotic women in North West of Iran. 3 rd Rheumatology society congress, Iran-Tehran. Persian
<u>2008</u>	Kolahi S, Iramloo H, Ebrahimi A A, Poreisa M. Evoked potential Findings In Behçet's Disease. International Journal of Rheumatic diseases
<u>2008</u>	Kolahi S, Emam M, Khabasi A, Hajjaliloo M. L-carnitine treatment of women with Fibromyalgia. Ann Rheum Dis
<u>2008</u>	Hajjaliloo M, Kolahi S, Akbarian M, Gharibdust F, Khabasi A. Serum Thrombomodulin Levels In Patients With Renal Involvement In Systemic Lupus Erythematosus. Ann Rheum Dis

<u>2008</u>	Kolahi S, Fardin N, Mahboob SA, Ostadrahimi AR. Assessment of Association between Dietary Calcium Intake and Serum PTH Level in Three Groups of Postmenopausal Women (Normal, Osteopenia and Osteoporosis) in Iran, Tabriz. The 4th Pan Arab Osteoporosis.
<u>2008</u>	Fardin N, Ostadrahimi AR, Mahboob SA, Kolahi S. Assessment of Association between Serum Biomarkers(Calcium,Phosphorous and Parathyroid Hormone (PTH)) of Osteoporosis and Bone Mass Density(BMD)in Postmenopausal Women in Iran ,Tabriz. The 4th Pan Arab Osteoporosis
<u>2008</u>	Kolahi S, Nemati M, Varshoi M. Efficacy and safety of topical gel prepared from Mud of Urmia Lake in treatment of knee osteoarthritis. Ann Rheum Dis
<u>2008</u>	Kolahi S, Estakhri R, Sarabchian M. Comparing of Effect of Oral Prednisolone and Intra-Articular Triamciolone in Treatment of Inflammatory Knee Osteoarthritis. The Eaular Journal
<u>2008</u>	Hejazi J, J Mohtadinia J, Kolahi S , Ebrahimi M .Nutritional status of postmenopausal osteoporotic women in North West of Iran. Mata. Persian
<u>2008</u>	Hejazi J, J Mohtadinia J, Kolahi S.Relation between fruits and vegetables consumption with bone mineral density.Mata. Persian
<u>2008</u>	Kolahi S, Fardin N, Mahboob SA, Ostadrahimi AR. A survey in frequency of fruits and vegetables consumption among three groups (BMD) of postmenopausal women (normal, osteopenia and steoporosis). The 4th Pan Arab Osteoporosis
<u>2008</u>	Farrin N, Ostadrahimi AR, Mahboob SA, Vaziri Y, Kolahi S, Ghavami M.Educational level and calcium intake among three groups of postmenopausal women (normal, osteopenia and steoporosis). Mata. Persian.
<u>2009</u>	Kolahi AA, Kolahi S. The Burden of Low Back pain in Iran.Updates of Mechanical (nonspecific) Low Back Pain.Persian.

<u>2009</u>	Kolahi S, Fakhari A, Ghahramani L. Study on mental health in rheumatoid arthritis.The 3 rd Annual Congress of Iran Rheumatology Association. Persian.
<u>2009</u>	Kolahi S, Fakhari A, HasanzadeDizaj S. Study on Mental Health in Fibromyalgia Patients. The 3 rd Annual Congress of Iran Rheumatology Association. Persian.
<u>2009</u>	Kolahi S, Rajaei AA, Kolahi AA. Nutritional status of postmenopausal women in North West of Iran.The 3 rd Annual Congress of Iran Rheumatology Association. Persian.
<u>2009</u>	Kolahi S, Ghorbanihaghjo A, Rashtchizadeh N, HajJalilo M. Effect of omega3 intake on anti-oxidant enzymes and lipid peroxidation in Rheumatoid Arthritis. The 3 rd Annual Congress of Iran Rheumatology Association. Persian.
<u>2009</u>	Effect of Omega3 Fatty Acids Supplement on Serum Osteoprotegerin/sRANKL Ratio in Patients with Rheumatoid Arthritis. The 3 rd Annual Congress of Iran Rheumatology Association. Persian.
<u>2009</u>	AsvadiKermani A, Kolahi S, Hajialiloo M. Study of medical student's off servicenotes in internal medicine department of Imam Reza hospital.Sabz Journal
<u>2009</u>	AsvadiKermani A, Kolahi S, Khabazi A. evelation.Evaluation of effectiveness of standard form attach in patient file on writing medical consultation at internal medicine wards at Tabriz Imam Reza university hospital.Sabz Journal. Persian.
<u>2009</u>	Kolahi S, AsvadiKermani A, Mesri R. Evaluation of effectiveness of standard form attach in patient file on writing off service note by interns and externs at internal medicine wards at Tabriz Imam Reza university hospital.Sabz Journal. Persian.
<u>2009</u>	Kolahi S, Khabazi A, AsvadiKermani A. Evaluation of qualification of medical orders writing by internal medicine residensatin internal medicine wards at Tabriz Imam Reza university hospital.Sabz Journal. Persian.

<u>2010</u>	Asvadi A, Kolahi S, SadeghiGhayssi F. Investigation of interest, knowledge and practicality of EBM in Tabriz University of Medical Sciences medical staff. First international congress and third workshop pf evidence-based medicine in developing countries. Persian.
<u>2010</u>	Jalili M, Kolahi S, Khabazi A, Etemadi J, Somi MH. Evelation two metodes journal club presentation in internal medicine ward.First international congress and third workshop pf evidence-based medicine in developing countries. Persian.
<u>2010</u>	Sadeghighiasi F, Hajebrahimi S, Kolahi S, Nosrati L. Evidence base medicine in Quran.First international congress and third workshop pf evidence-based medicine in developing countries. Persian.
<u>2010</u>	Khabazi A, Kolahi S, HajJalilo M, Nakhjavani MR. A comparison between participants learning in traditional and evidence based rheumatology journal clubs.First international congress and third workshop pf evidence-based medicine in developing countries.Persian.
<u>2010</u>	Jalili M, Kolahi S, EbrahimiMamaghani M, ArefHoseini SR. Effectivness of nutritional supplements on control of clinical symptoms in OA. First international congress and third workshop of evidence-based medicine in developing countries. Persian.
<u>2010</u>	Kolahi S, Hejasi J, Mohtadinia A. The Effect of Fish Oil and Vitamin E Supplement over Lipid peroxidation And Antioxidant levels Of Plasma in Patient with Rheumatoid Arthritis.14th Congress of Asia Pacific League of Associations for Rheumatology. Hong Kong
<u>2010</u>	Kolahi S, Jalili M, EbrahimiMamegani M, ArefHosseini S A. The effect of combining supplementation on blood antioxidants status, lipid peroxidation, lipid in patients with rheumatoid arthritis. The 4 th Annual Congress of Iran Rheumatology Association. Medical Journal of Army University of Medical Sciences and Health Services. Persian.
<u>2010</u>	Kolahi S, Jalili M, EbrahimiMamegani M, ArefHosseini S A. The Association Among Body Mass Index, waist to Hip Ratio with lipid profile in Ra patients. The 4 th Annual Congress of Iran Rheumatology Association. Medical Journal of Army University of Medical Sciences and Health Services. Persian.

<u>2010</u>	Kolahi S, Jalili M, EbrahimiMamegani M, ArefHosseini S A. The association between fast foods intake with lipid profile in Rheumatoid arthritis patients.The 4 th Annual Congress of Iran Rheumatology Association. Medical Journal of Army University of Medical Sciences and Health Services. Persian
<u>2010</u>	Kolahi S, Jalili M, EbrahimiMamegani M, ArefHosseini S A. The effect of foods intake on Rheumatoid arthritis symptoms.The 4 th Annual Congress of Iran Rheumatology Association. Medical Journal of Army University of Medical Sciences and Health Services. Persian
<u>2011</u>	Kolahi S, Ghorbanihaghjo A, JangiGharehgheshlaghi M. Evaluation of serum Hepcidin levels and its Relation to Lipid Peroxidation in Rheumatoid Arthritis. Iranian journal of allergy, asthma and immunology. Persian.
<u>2011</u>	Khabazi A, Kolahi S, HajJaliloM, Nakhjavani MR. Vitamin D levels in patients with Behcet's disease. Iranian journal of allergy, asthma and immunology. Persian.
<u>2011</u>	HajJalilo M, Khabazi A, Nakhjavani MR, Kolahi S. Correlation between Systemic Lupus Erythematosus(SLE) Activity Index with Blood Lipids Level. Iranian journal of allergy, asthma and immunology, Persian.
<u>2011</u>	HajJalilo M, Khabazi A, Nakhjavani MR, Kolahi S. Association of Serum Level of Fibrin Degradation Products (FDP) with Articular and Extra Articular Manifestations of Rheumatoid Arthritis (RA) and Disease Activity Score28 (DAS28). Iranian journal of allergy, asthma and immunology. Persian.
<u>2011</u>	Kolahi S, Ghorbanihaghjo A, HajJalilo M, Boustani F. The Evaluation of Bone Mineral Density with Serum OsteoprotegerinLegand/ Osteoprotegerin Ratio (OPGL/OPG) in Patients with Rheumatoid Arthritis.Iranian journal of allergy, asthma and immunology. Persian.
<u>2011</u>	Kolahi S, Ghorbanihaghjo A, SeeifiRad S. The Effect of Fish Oil Supplement on Serum Paraxonase Activity in Female Patients with Rheumatoid Arthritis.Iranian journal of allergy, asthma and immunology, Persian.

<u>2012</u>	Kolahi S, Ghorbanihaghjoo A. The Effect of Fish Oil Supplement on Serum Paraxonase Activity in Patients with Rheumatoid Arthritis. RHEUMATOLOGY
<u>2012</u>	HajJalilo M, Khabazi A, Hasani E, Valizadeh H, Varshochi M, Kolahi S. Carrier staff ours resistance to meticilline in nose of patient with lupus.The 6th Annual Congress of Iran Rheumatology Association. Persian.
<u>2012</u>	Bonyadi MR, Kolahi S, Gojazadeh M, Pishahang E. Diagnostic value of Immunoblotting assay for determination of anti-nuclear antibody (ANA) in rheumatic diseases. The 6th Annual Congress of Iran Rheumatology Association. Persian.
<u>2012</u>	Khabazi A, Sadra V, HajJalilo M, Kolahi S. Comparing control of rheumatoid arthritis flare up in pulse therapy with dexamethasone and methylprednisolone. The 6th Annual Congress of Iran Rheumatology Association. Persian.
<u>2012</u>	Kolahi S, Khabazi A,HajJalilo M, Sharif S, Jalili Z. The status of serum vitamin D in patients with RecrrntAphthoue compared with controls. The 5 th International Conference on Behcet Disease, Japan
<u>2012</u>	Khabazi A, Rashtchizadeh N, HajJalilo M, Kolahi S, Gojazadeh M, Ghorbanihaghjoo A. The status of serum vitamin D in patients with Behcet's diseases compared with controls. The 5 th International Conference on Behcet Disease, Japan
<u>2012</u>	Kolahi S, Mehr AD, Sakhinia E .Molecular analysis of genes (MEFV and CYP2D6) in patients with Ankylosing Spondylitis (AS) referred to specialized centers. International Journal of Rheumatic Diseases
<u>2012</u>	Oskouei AK, Hajjalilo M, Nakhgavani M, Kolahi S, Safari Z. Effect of vitamin D supplementation on rheumatoid arthritis activity. International Journal of Rheumatic Diseases
<u>2012</u>	Khabazi A, Hajjalilo M, JovaniM N,Kolahi S, Sadra V. Comparing control of rheumatoid arthritis flare up in pulse therapy with dexamethasone and methylprednisolone. International Journal of Rheumatic Diseases

2013	Ghmarzad shishvani N , Pourghassem B , Kolahi s . Effects of phylloquinone (vitamin k) supplementation on disease activity score in patients with rheumatoid arthritis. 7 th Annual Congress of Iranian Rheumatology association.
<u>2013</u>	Kolahi S , Ghorbanihagju A, Khabbazi A , Ghasembaglu A. The effect of Antioxidant Supplement on Asymmetric Dimethyl Arginin with Rheumatoid Arthritis Patients. 7 th Annual Congress of Iranian Rheumatology association .
<u>2013</u>	Ghmarzad shishvani N , Pourghassem B , Kolahi s. Is thee any association between BMI (bodi mass index) and severity of rheumatoid arthritis? 7 th Annual Congress of Iranian Rheumatology association .
<u>2013</u>	Ghasembaglu A, kolahi S , Ghorbanihagju A , Hajaliloo M. The effect of antioxidant supplement on Vascular Endothelial Growth factor in with Rheumatoid Arthritis Patients . 7 th Annual Congress of Iranian Rheumatology association.
2013	Karkon Shayan F, Khabbazi A , Hajaliloo M, Kolahi S , Kavandi H. Behcet s disease in Azerbaijan . 7 th Annual Congress of Iranian Rheumatology association .
2014	Khabbazi A , Noshad H , Gafarzadeh S, Hajialiloo M, Kolahi S . Alendronate Effect on the Prevention of Bone loss in Early Stages of Ankylosing Spondylitis: A Randomized, Double-Blind, Placebo-Controlled Pilot Study. Iran Red Crescent Med J. June; 16(6)
2014	Sadra V, Khabbazi A, Kolahi S, Hajaliloo M, Ghojazadeh M. Randomized double-blind study of the effect of dexamethasone and methylprednisolone pulse in the control of rheumatoid arthritis flare-up: a preliminary study. International Journal of Rheumatic Diseases
2014	Khabbazi A, Kolahi S, Dastgiri S, Hajaliloo M, Nazeri M, Nazeri M, Sheykholeslami A, Gader S, Bak Mohammadzadeh SH, Ghasemi A, Poormohammad A. Safety of less frequent monitoring of liver transaminases levels in rheumatic patients treated with low-dose methotrexate. International Journal of Rheumatic Diseases
2015	Jalili M, Kolahi S, Aref-Hosseirri S, Ebrahimi-Mamegani M, Hekmatdoost A. Beneficial role of antioxidants on clinical outcomes and erythrocyte parameters antioxidant in rheumatoid arthritis patients.

2015	Oskouyi A, Hajaliloo M, Nakhjovani M , Kolahi S, Safari Z. Effect of vitamin D supplementation on rheumatoid arthritis activity.
2015	Hajaliloo M, Khabbazi A, Kolahi S. The sensitivity and specificity of anti-cyclic citrullinated peptide antibodies in Iranian patients with rheumatoid arthritis.

Research Activities:

Research areas, Interests

Rheumatoid Arthritis, Osteoarthritis, Behcet's Disease
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Books:

N	Title	authors	Publisher	Authorship/ Translation/
1	Saint-Francis Guide to Outpatient Medicine (firsted.)	Craig Frances,et al.	Philadelphia: Lippincott Williams& Wilkins,2000	
2	Handbook for Brunner &Suddarth's Textbook of Medical –Surgical Nursing (19th Ed.).	Joyce Y.Johnson,	Philadelphi: Lippincott,2000	
3	Andreoli- Carpenter- Griggs- Losscalzo,		Cecil Essentials of Medicine, 2004	

Selected articles:

N	Title	authors	Journal	Year	Indexed in (Scopus, Medline, WOS,)
1	The skin lesions in Diabetic Patients and the Study of their Prevalence in 454 patients.	Khodaeiani E, Bahrami A, Kolahi S, Hoseini F.	Medical Journal of Tabriz University of Medical Sciences and Health Services	<u>1998</u>	—
2	Practice of deep vein Thrombosis Prophylaxis in Teaching Hospital of Tabriz	Heidarnezhad M, Zendehtel N, Kolahi S, Pirzeh A, Eslampanah SH.	Tanaffos	<u>2003</u>	Scopus, PubMed
3	Comparison of dissertations quality of medical students in the academic years of 1991-92 and 1998-99: a study on 14 medical schools in Iran.	Kolahi AA, Farsar AR, MoolaviNejomi M, Kolahi S, Malekafzali H.	Hakim	<u>2003</u>	—
4	Practice of deep vein thrombosis prophylaxis in teaching hospitals of Tabriz	Heidarnezhad H, Zendehtel N, Kolahi S, Pirzeh A, EslamPanah Sh	Tanaffos	<u>2003</u>	Scopus, PubMed
5	Nutritional status and Bone Mass Density in Postmenopausal Women	Ostadrahimi AR, Mahboob SA, Kolahi S, Fardin N, Ghavami M, Shakoori K.	Urmia Medical Journal	<u>2006</u>	DOAJ
6	Evaluation of risk factors for acute renal failure in surgery of abdominal aortic aneurysm.	Kolahi S, Tehranighadim MB, Daneshmand A, Kolahi AA.	Iranian South Medical Journal	<u>2007</u>	DOAJ

7	Hypochromic Microcytic Anemia in Northwestern of Tabriz, Iran.	Kolahi S, Farzin H, KhoshbatenM	Eur J Gen Med	<u>2008</u>	–
8	Survey of Relationship between Physical Activity and bone Mineral Density in Postmenopausal Women.	Fardin N, Ostadrahimi AR, Mahboob SA, Kolahi S, Ghavami M.	Medical Journal of Tabriz University of Medical Sciences and Health Services	<u>2008</u>	–
9	Prevalence of Anemia and Microcytic Anemia among Women in North-West Tabriz.	Kolahi S, Kolahi AA, Tehranighadim S.	Iranian Journal of Epidemiology	<u>2008</u>	Scopus, Embase
10	Dietary intake and serum bone related chemistry and their correlations in postmenopausal Iranian women.	Fardin N, Ostadrahimi AR, Mahboob SA, Kolahi S, Ghavami M.	Saudi Medical Journal	<u>2008</u>	ISI, Scopus, PubMed
11	The clinimetric properties of the World Health Organization Disability Assessment Schedule II in early inflammatory arthritis.	Baron M, Schieir O, Hudson M, Steele R, Kolahi S, Berkson L, Couture F, Fitzcharles MA, Gagné M, Garfield B, Gutkowski A, Kang H, Kapusta M, Ligier S, Mathieu JP, Ménard H, Starr M, Stein M, Zummer M.	Arthritis Rheum.	<u>2008</u>	–
12	The relationship between Age, Weight, BMI, Postmenopausal age and Bone Mineral Density in Postmenopausal women,	Hejazi J, Kolahi S, Mohtadinia J.	Journal of Shaeed Sadoughi University of Medical Science and Health Services Yazd	<u>2009</u>	–
13	The Efficacy of a Topical Gel Prepared Using Lake Urmia	Nemati M, Kolahi S, AzarmiSh,	The Journal of Alternativeand	<u>2009</u>	–

	Mud in Patients with Knee Osteoarthritis.	Ghorbanihaghjo A, Varshoi M, Mokhtari R, Vatankhah AM, Valizadeh H.	Complementary Medicine		
14	TNF- α gene polymorphisms in Iranian Azeri Turkish patients with Behcet's Disease.	Bonyadi M, Jahanafrooz Z, Esmaeili M, Kolahi S, Khabazi A, Ebrahimi AA, Hajialilo M, Dastgiri S.	Rheumatology International	2009	ISI, Scopus, PubMed
15	Nutritional status among postmenopausal osteoporotic women in North West of Iran.	Hejazi J, J Mohtadinia J, Kolahi S, Ebrahimi M.	Asia Pac J Clin Nutr	2009	ISI, Scopus, PubMed
16	Fish oil supplementation decreases serum soluble receptor activator of nuclear factor-kappa B ligand/osteoprotegerin ratio in female patients with rheumatoid arthritis.	Kolahi S, Ghorbanihaghjo A, Alizadeh S, Rashtchizadeh N, Argani H, Khabazzi AR, Hajialilo M, Bahreini E.	Clinical Biochemistry	2010	ISI, Scopus, PubMed
17	Comparing of Effect of Oral Prednisolone and Intra-Articular Triamcinolone in Treatment of Inflammatory Knee Osteoarthritis.	Kolahi S, Estakhri R, Khabazi A, Hajaliloo M, Sarabchian M A, Ghorbanihaghjo A.	Medical Journal of Tabriz University of Medical Sciences and Health Services	2010	—
18	The evaluation of concurrent supplementation with vitamin E and omega-3 fatty acids on plasma lipid per oxidation and antioxidant levels in patients with rheumatoid arthritis.	Kolahi S, Hejazi J, Mohtadinia J, Jalili M, Farzin H.	The Internet Journal of Rheumatology	2010	—
19	The Evaluation of Quality of life in rheumatoid arthritis, osteoarthritis and fibromyalgia and its comparison with quality of life in normal women.	Kolahi S, Khabaazi A, Hajialiloo M, Namvar L, Farzin H.	The Internet Journal of Rheumatology	2010	—
20	Nutritional status of Iranian	Hejazi J, Mohtadinia J,	Women's Health	2011	ISI,

	women with rheumatoid arthritis: Assessment of dietary intake and diseases activity.	Kolahi S, Bakhtiyari M, Delpisheh A.			Scopus, PubMed
21	The role of proper food habit and physical activity level in preventing osteoporosis postmenopausal Iranian women.	Kolahi S , Fardin N, Ostadrahimi AR , Mahboob SA .	International Journal of osteoporosis and metabolic disorders	<u>2011</u>	–
22	Effect of Aerobic and Strengthening exercises on Balance, muscle strength and bone density in post-menopausal women with primary osteopenia and osteoporosis.	Eslamian F, Shakouri S K, Hajjaliloo M, Toufan J, Kolahi S, Houshyar Y.	Medical Journal of Urmia University of Medical Sciences and Health Services	<u>2011</u>	–
23	Common <i>MEFV</i> mutations in Iranian Azeri Turkish patients with Behçet's disease.	Esmaeili M, Bonyadi M, Khabbazi A, Ebrahimi AA, Sharif S K, Hajjaliloo M, Kolahi S, Dastgiri S.	Scandinavian Journal of Rheumatology	<u>2011</u>	ISI, Scopus, PubMed
24	Nutritional status of Iranian women with rheumatoid arthritis: an assessment of dietary intake and disease activity.	Hejazi J, Mohtadinia J, Kolahi S, Bakhtiyari M, Delpisheh A.	Women's Health	<u>2011</u>	ISI, Scopus, PubMed
25	The Effect of Antioxidants Supplement on Lipid Peroxidation and Serum Aryl Esterase Enzyme in Rheumatoid Arthritis Patients.	Jalili M, Aref-Hosseini R, Kolahi S , Ebrahimi-Mamegani M, Sabour S.	American Medical Journal	<u>2011</u>	ISI, Scopus, PubMed

26	The Effect of Antioxidants Supplement on Lipid Peroxidation and Serum Aryl Esterase Enzyme in women with Rheumatoid Arthritis.	Jalili M, Kolahi S, Sabour S, Aref-Hosseini R, Ebrahimi-Mamegani M.	Medical Journal of Tabriz University of Medical Sciences and Health Services	<u>2011</u>	—
27	Evaluation of serum Hecpidin levels and its relation to Acute-Phase Protein and disease activity in patients with Rheumatoid arthritis.	Kolahi S, Ghorbanihaghjo A, Jangi Gharehgheshlaghi M.	Medical Journal of Zanzan University of Medical Sciences and Health Services	<u>2011</u>	Embase
28	Study of demographic, clinical and laboratory characteristics of Palindromic Rheumatism and its frequency in comparison with other Inflammatory Arthritis in North West of Iran.	Khabazi A, Pouraliakbari A, Hajialiloo M, Kolahi S, Katoun Sharif S.	Medical Journal of Tabriz University of Medical Sciences and Health Services	<u>2011</u>	—
29	A multicenter study of clinical and laboratory findings of palindromic rheumatism in Iran.	Khabazi A, Hajialiloo M, Kolahi S, Soroosh M, Esalatmanesh K, Sharif S.	International Journal of Rheumatic Diseases	<u>2012</u>	ISI, Scopus, PubMed
30	Effect of Fish Oil Supplements on Serum Paraoxonase Activity in Female Patients with Rheumatoid Arthritis: A Double-blind Randomized Controlled Trial.	Ghorbanihaghjo A, Kolahi S, Seifirad S, Rashtchizadeh N, Argani H, Hajialilo M, Khabazi A, Alizadeh S, Bahreini E.	Archives of Iranian Medicine	<u>2012</u>	ISI, Scopus, PubMed
31	Familial rheumatoid arthritis in patients referred to rheumatology clinics of Tabriz, Iran.	Hajialiloo M, Noshad H, Khabazi A, Kolahi S, Azari M, Abbasnezhad M.	International Journal of Rheumatic Diseases	<u>2012</u>	ISI, Scopus, PubMed
32	The cervical spine Involvement in rheumatoid arthritis.	Hajialilo M, Khabaazi A, Kolahi S, farzin H.	The Internet Journal of Rheumatology	<u>2012</u>	—
33	Molecular analysis of genes	Kolahi S,	Medical Journal	<u>2012</u>	—

	(MEFV and CYP2D6) in patients with Ankylosing Spondylitis (AS) in North West of Iran.	Danandehmehr A, Asghariastyar M, Firouzi A, Khabaazi A, Sakhinia E.	of Lorestan University of Medical Sciences and Health Services		
34	The Effect of Antioxidants Supplement on Lipid profile in women with Rheumatoid Arthritis.	Jalili M, Aref-Hosseini R, Kolahi S, Ebrahimi-Mamegani M, Sabur S.	Medical Journal of Lorestan University of Medical Sciences and Health	<u>2013</u>	—
35	Effect of Calcium -Vitamin D and Alendronate on serum Dickkopf-1(Dkk-1) and Osteoprotegerin (OPG) in women with osteoporosis.	Hajialilo M, Ghorbani Hagho A, Amanifar B, Rameshk Nia V, KhabbaziA, Kolahi S, Jafari Nakhjavini M.	Journal of American Science	<u>2013</u>	ISI, Scopus, PubMed
36	The status of serum vitamin D in patients with active Behcet's disease compared with controls.	Khabbazi A, Rashtchizadeh N, Ghorbani Hagho A, Hajialilo M, Ghofazadeh M, Taei R, Kolahi S.	International Journal of Rheumatic Diseases	<u>2013</u>	ISI, Scopus, PubMed
37	The relationship between pain and physical function in adults with Knee Osteoarthritis.	Mohajjel Aghdam A, Kolahi S, Hasankhani H, Behshid M, Varmaziar ZH.	International Research Journal of Applied and Basic Sciences	<u>2013</u>	—
38	Relationship of Pain, Social and Emotional functions of patients with Knee Osteoarthritis.	Mohajjel Aghdam A, Kolahi S, Hasankhani H, Behshid M, Varmaziar ZH	International Research Journal of Applied and Basic Sciences	<u>2013</u>	—
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54	A comparative study of vitamin D serum levels in patients with recurrent aphthous stomatitis.	Alireza Khabbazi, Amir Ghorbanihaghjo, Farahnoosh Fanood, Sousan Kolahi, Mehrzad Hajjaliloo, Nadereh Rashtchizadeh.	The Egyptian Rheumatologist	<u>2014</u>	ISI (ESCI), Scopus
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57	Nasal carriage rate of Staphylococcus aureus among patients with systemic lupus erythematosus and its correlation with disease relapse.	Mehrzad Hajjalilo, , Amir Ghorbanihaghjo, Alireza Khabbazi, Hamed Valizadeh, Sina Raeisi, Alka Hasani, Mojtaba Varshochi, Sousan kolahi, Mohamad Reza Nakhjavani.	The Egyptian Rheumatologist	<u>2014</u>	ISI (ESCI), Scopus
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64	Effect of Aerobic and Strengthening exercises on Balance, muscle strength and bone density in post-menopausal women with primary osteopenia and osteoporosis.	Eslamian F, Shakouri S K, HajialilooM, Toufan J, Kolahi S , Houshyar Y.	The Journal of Urmia University of Medical Sciences	<u>2015</u>	—
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	supplementation on blood pressure and some inflammatory factors in women with rheumatoid arthritis.	Aliasghari, Kolahi S , Asghari Jafar-abadi M, Mirtaheri E.	University Journal		
66	Effects of Alpha-Lipoic Acid Supplementation on Inflammatory Biomarkers and Matrix Metalloproteinase-3 in Rheumatoid Arthritis Patients.	Elham Mirtaheri, Bahram Pourghassem Gargari, Sousan Kolahi , Parvin Dehghan, Mohammad Asghari-Jafarabadi, Mehrzad Hajalilou, Zahra Shakiba Novin, Mehran Mesgari Abbasi .	Journal of the American College of Nutrition	<u>2015</u>	ISI, Scopus, PubMed
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68	Effects of Vitamin K on Matrix Metalloproteinase-3 and Rheumatoid Factor in Women with Rheumatoid Arthritis: A Randomized, Double-Blind, Placebo- Controlled Trial.	Neda Ghamar zad Shishavan, Bahram Pourghassem Gargari P, Sousan Kolahi , Mehrzad Hajalilou, Mohammad Asghari Jafarabadi , Yousef Javadzadeh	Journal of the American College of Nutrition	<u>2015</u>	ISI, Scopus, PubMed
69	L-Carnitine supplementation improved clinical status without changing oxidative stress and lipid profile in women with knee osteoarthritis.	Aida Malek Mahdavi, Reza Mahdavi, Sousan Kolahi , Maryam Zemestani, Amir-ansour Vatankhah.	Nutrition Research	<u>2015</u>	ISI, Scopus, PubMed

70	The Association between Anthropometric Indices and Disease Severity in Women with Rheumatoid Arthritis.	Neda Ghamar zad Shishavan, Sepideh Haghighi, Soheila Norouzi, Bahram Pourghassem Gargari, Sousan Kolahi , Mohammad Asghari Jafarabadi.	Medical Journal of Tabriz University of Medical Sciences and Health Services	<u>2015</u>	—
71	A case of granulomatosis with polyangiitis complicated by two opportunistic infections.	Hadise Kavandi, Mehrzad Hajialiloo, Mojtaba Varshochi, Sousan Kolahi , Alireza Khabbazi.	International Journal of Rheumatic Diseases	<u>2016</u>	ISI, Scopus, PubMed
72	A double-blind randomized comparative study of triamcinolone hexacetonide and dexamethasone intra-articular injection for the treatment of knee joint arthritis in rheumatoid arthritis.	Mehrzad Hajialiloo , Amir Ghorbanihaghjo, Leyla Valaee, Sousan Kolahi , Naderh Rashtchizade, Maryam Bannazadeh Amirkhiz, Ida Malek mahdavi, Alireza Khabbazi.	International Journal of Rheumatic Diseases	<u>2016</u>	ISI, Scopus, PubMed
73	Effects of l-Carnitine Supplementation on Serum Inflammatory Factors and Matrix Metalloproteinase Enzymes in Females with Knee steoarthritis: A Randomized, Double-Blind, Placebo-Controlled Pilot Study.	Aida Malek Mahdavi, Reza Mahdavi, Sousan Kolahi	Journal of the American College of Nutrition	<u>2016</u>	ISI, Scopus, PubMed
74	Long-term efficacy and safety of interferon α -2a therapy in severe refractory ophthalmic Behcet's disease.	Hadise Kavandi, Alireza Khabbazi, Sousan Kolahi , Mehrzad Hajialiloo, Farid Karkon Shayan, Mohammad Oliaei.	International Journal of Rheumatic Diseases	<u>2016</u>	ISI, Scopus, PubMed
75	Molecular Analysis of MEFV	Alireza Khabbazi,	Iran J Public	<u>2016</u>	ISI,

	Gene polymorphisms and Mutations in Iranian Azeri Patients with Rheumatoid Arthritis.	Farideh Zolrahim, Mehrdad Asghari Estiar, Ebrahim Sakhinia, Sousan Kolahi.	Health		Scopus, PubMed
76	Osteoprotegerin (OPG) levels, total soluble receptor activator of nuclear factor-Kappa B ligand (total sRANKL) , and RANKL/OPG ratio in patients with rheumatoid arthritis.	Sousan Kolahi, Amir Ghorbanihaghjo, Nadereh Rashtchizadeh, Alireza Khabbazi, Mehrzad Hajjalilo, Hamid Noshad, Farnaza Boostani, Mohaddeseh Mokhtarkhani.	Rheum. Res.	<u>2017</u>	–
77	Prevalence of musculoskeletal disorders in Azar cohort population in Northwest of Iran.	Sousan Kolahi, Alireza Khabbazi, Aida Malek Mahdavi, Amid Ghasemabaglou, Arezoo Ghasemabaglou, Nayyereh Aminisani, Mohammad Hossein Somi.	Rheumatology International	<u>2017</u>	ISI, Scopus, PubMed
78	Diagnostic value of Immunoblotting assay for Determination of anti-nuclear antibodies in rheumatic diseases.	Sousan Kolahi, Mohammad Reza Bonyadi, Elham Safarzadeh, Morteza Ghojzadeh, Elnaz Pishahang.	Advanced Biomedical Research	<u>2017</u>	ISI (ESCI), PubMed, DOAJ
79	An Analysis on Pyn E148Q Mutations in Patients with Refractory Rheumatoid Arthritis.	Abbas Mirzaei, Sousan Kolahi, Arash Ahmadi, Mohammadreza Nakhjavani, Maryam Pashaiasl.	Rheumatology (Sunnyvale).	<u>2018</u>	–
80	Effectiveness of self-management program on arthritis symptoms among older women: A randomized controlled trial study.	Naiyer Anvar, Hossein Matlabi, Abdolrasoul Safaiyan, Hamid Allahverdipour, Sousan Kolahi.	Health Care for Women International	<u>2018</u>	ISI, Scopus, PubMed
81	Determination of mir-155 and	Sousan Kolahi,	Immunology	<u>2018</u>	ISI,

	mir-146a expression rates and its association with expression level of TNF- α and CTLA4 genes in patients with Behcet's disease.	Mohammad-Jahed Farajzadeha, Shahriar Alipoura, Alireza Abharib, Jafar Farhadi, Neda Bahavarniaa, Aida Malek Mahdavia, Alireza Khabbazia, Ebrahim Sakhinia.	Letters		Scopus, PubMed
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Research projects:

N	Title	Details
1	The comparison of dietary intake of effective foods on clinical outcomes of Rheumatoid arthritis: A case – control study	
2	The effect of Combined Antioxidant supplement on Clinical Outcomes, Blood Antioxidant Indices, Lipid Peroxidation and Lipid Profile in Rheumatoid Arthritis patients	
3	The status of serum vitamin D in patients with Recurrent Aphthous compared with controls	
4	Relationship between serum level of OPG/Rankle and disease activity and BMD in women with RA	
5	Molecular analysis of genes (MEFV and CYP2D6) in patients with Ankylosing Spondylitis (AS) referred to specialized centers.	
6	A survey on Nutritional status of Postmenopausal Women and its Association with Serum Indicators of Osteoporosis and Bone Density	
7	The evaluation of concurrent supplementation with vitamin E and omega-3 fatty acids on plasma lipid per oxidation and antioxidant levels in patients with rheumatoid arthritis	
8	Quality of life in rheumatoid arthritis, osteoarthritis and fibromyalgia and its comparison with quality of life in normal women	
9	Effect of omega3 intake on anti-oxidant enzymes and lipid peroxidation in Rheumatoid Arthritis	
10	Evaluation of serum Hepcidin levels and its relation to Acute-Phase Protein and disease activity in patients with Rheumatoid arthritis	
11	Effect of Fish Oil Supplements on Serum Paraoxonase Activity in Female Patients with Rheumatoid Arthritis: A Double-blind Randomized Controlled Trial	
12	Effect of Omega3 Fatty Acids Supplement on Serum	

	Osteoprotegerin/ sRANKL Ratio in Patients with Rheumatoid Arthritis	
13	Effect of Aerobic and Strengthening exercises on Balance, muscle strength and bone density in post-menopausal women with primary osteopenia and osteoporosis	
14	Investigation of interest, knowledge and practicality of EBM in Tabriz University of Medical Sciences medical staff	
15	Comparison of vitamin D level in patients with Behcet's disease and recurrent oral aphthous ulcer and healthy people and its relation to Behcet's disease activity.	
16	Comparing of Effect of Oral Prednisolone and Intra-Articular Triamciolone in Treatment of Inflammatory Knee Osteoarthritis	
17	Formulation, quality control and clinical evaluation of body mud from Urmia lake minerals and peloids in osteoarthritis	
18	Relation between breast cancer and bone mineral density	
19	Practice of deep vein thrombosis prophylaxis in teaching hospitals of Tabriz	
20	The effect of combining supplementation with selenium, zinc, vitamin A, C and E on blood antioxidants status, lipid peroxidation, lipid profile and clinical signs in patients with rheumatoid arthritis	
21	Effect of vitamin K supplementation on some biochemical markers and clinical status in women with rheumatoid arthritis	
22	Study of MEFV gene mutations in behcet disease in North West of Iran	
23	Health assessment in North West of Tabriz	
24	Association of dietary intake of food groups with disease activity of rheumatoid arthritis: case-control study	
25	Effects of oral alpha-lipoic acid supplement on some blood biochemical parameters and disease activity in women with	

	rheumatoid arthritis.	
26	Effectiveness of Self Care Education on Disease Outcomes in Patients with Osteoarthritis: A Randomized Controlled Trial study	

Positions held: (past- current)

Start and End Date	Job Title, <u>Responsibilities and achievements</u>

Association Memberships (past and current)

Start and End Date	Job Title, <u>Responsibilities and achievements</u>
2000	Assistant Professor of Internal Medicine, Tabriz University of Medical Sciences
2010	Associated Professor of Internal Medicine, Tabriz University of Medical Sciences
2014	Professor of Internal Medicine, Tabriz University of Medical Sciences
	Member of Iranian Association of Rheumatology

Awards and Recognitions

Start and End Date	Details