



Tabriz University of Medical Sciences (TUOMS)
School of Medicine

Curriculum Vitae

Personal Data:

First name: Mitra

Last name: Niafar

Nationality: Iranian

Date of birth: 03/03/1968

Place of birth: Tabriz

Marital status: single

Specialty: Endocrinologist

Academic rank: Professor

Department/Research Center: Endocrine Research Center

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Personal
photo

***h*-index (Scopus):** 11

ORCID ID: <https://orcid.org/0000-0002-9671-6286>

Scopus ID: 25958820400

Researcher ID: M-2677-2017

ORCID: 0000-0002-9671-6286

Fields of interest

Diabetes Mellitus, PCOS, Thyroid Disorders

Skills: (language, software...)

English, Analytics skills, Microsoft Office, Power point, Excel, Skype, Social media

Educational Background:

Date	Degree	Institution	Country
1994	General Physician	Tabriz University of Medical Sciences	Iran
1997	Specialty of Internal Medicine	Tabriz University of Medical Sciences	Iran
2005	Sub specialty of endocrinology and metabolism	Tehran University of Medical Sciences	Iran

Sabbaticals:

Start and End Date (month/year)	Details
09/2003 to 09/2005	Sub specialty of endocrinology and metabolism, Tehran University of Medical Sciences

Thesis

Degree	Title
General Physician	Evaluation of serum calcium and phosphorus levels in patients with nephrolithiasis and control group.
Specialty	The relationship between serum-ascites albumin gradient and clinical and laboratory findings in patients with hepatic cirrhosis.
Sub specialty	Determination of oxidized LDL and anti oxidized LDL antibody in

	patients with type 2 diabetes
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Educational experience

Teaching

Date (month/year)	Course Name, Venue (Institution, Address)
From 2005 until now	Endocrine Pathophysiology Course, Tabriz Medical School
From 2005 until now	Ward Attending Visits, Imam Reza hospital
From 2005 until now	Educational outpatient visits ,Imam Reza hospital (endocrinology clinic)

Workshop(s)

Date (month/year)	Course Name, Venue (Institution, Address)
05/2006	MCQS
03/2007	International Osteoporosis Diagnosis Workshop under IOF supervision
06/2004	Research Methodology Workshop
09/2002	Cardiopulmonary resuscitation workshop
11/2002	Paper Writing Workshop
09/2009	Scholarship workshop

Lecture(s)

Date (month/year)	Details
06/2020	Perioperative management in Diabetes Mellitus
06/2020	Perioperative Management of Thyroid Dysfunction
05/2020	COVID-19 INFECTION & Diabetes mellitus
06/2020	SGLT2 Inhibitors: A New Class Of Oral Anti-Diabetes Medication (Empagliflozin)

Research Activities:

Research areas, Interests

Diabetes Mellitus, PCOS, Thyroid Disorders, Vitamin B12 Deficiency

Books:

N	Title	authors	Publisher	Authorship/ Translation/

Selected articles:

N	Title	authors	Journal	Year	Indexed in (Scopus, Medline, WOS,)
	Vitamin D status in healthy postmenopausal Iranian women	Mitra Niafar, Amir Bahrami, Akbar Aliasgharzadeh, Naser Aghamohammadzadeh, Farzad Najafipour, Majid Mobasseri	Journal of research in medical sciences	2009	ISI
	The role of metformin on vitamin B12 deficiency: a meta-analysis review.	Mitra Niafar , Faizi Hai , Jahan Porhomayon ,Nader Djalal Nader.	Intern Emerg Med	2014	ISI
	Adiponectin as serum biomarker of insulin resistance in patients with polycystic ovarian syndrome	Mitra Niafar, and Nader D. Nader	Gynecol Endocrinol	2015	ISI
	A systematic review of GLP-1 agonists on the metabolic syndrome in women with	Mitra Niafar, Leili Pourafkari, Jahan Porhomayon, Nader D	Archives of Gynecology & Obstetrics	2016	ISI

	polycystic ovaries.	Nader			
	Efficiency of Bromocriptine in Glycemic Control and Cardiovascular and Microvascular Complications in Patients with Poorly Controlled Diabetes: A Clinical Trial.	Mitra Niafar, Nooshin Milanchian, Kavous Shahsavari Nia, Majid Zamani, Amir Ghafarzad, Seyed Vahid Seyed Hosseini, Mohammad Reza Jafari Nakhjavani	Life Science Journal	2017	ISI
	Subclinical Hypothyroidism Effects on Cardiac Function	Niafar M, Tufan M, Ghafoori SH, Aghamohammadzadeha N	Pakistan journal of biological sciences	2009	ISI

Research projects:

N	Title	Details
	The association of Treg cells and Th17 cells development factors and Anti-TPO antibodies in RPL patients	
	Comparison of the therapeutic effect of empagliflozin with pioglitazone and vitamin E on non-alcoholic fatty liver in patients with type 2 diabetes	

Positions held: (past- current)

Start and End Date	Job Title, <u>Responsibilities and achievements</u>
From 2005 until now	Member, Division of Endocrinology
From 2005 until now	Consultant in Endocrinology

Association Memberships (past and current)

Start and End Date	Job Title, <u>Responsibilities and achievements</u>
From 2005 until now	Member, Iran Endocrine-Metabolic society
From 2005 until now	Member, East Azerbaijan diabetes society
From 2006 until now	Member, Endocrine research center of Tabriz University of medical sciences

Awards and Recognitions

Start and End Date	Details