



Tabriz University of Medical Sciences (TUOMS)
School of Medicine

Curriculum Vitae

Personal Data:

First name: Jalil

Last name: Houshyar

Nationality: Iran

Date of birth: 23.8.1976

Place of birth: Tabriz

Marital status: Married

Specialty: Internist, Endocrinologist

Academic rank: Associated Professor

Department/Research Center: Internal Medicine, Endocrine Research Center

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***h*-index (Scopus):**4

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ResearcherID: M-2878-2017

ORCID: jalilhoushyar96@gmail.com

Fields of interest

Endocrinology, thyroid

Skills: (language, software...)

Farsi is my official language, Azari – Turkish is my native language, English is my scientific language. I have usual skills for using computer, office applications, internet, email, smart phones applications, social medias; skills of sampling from thyroid nodules under ultrasound guide

Educational Background:

Date	Degree	Institution	Country
21 September 1996	High School Gradation	Tabriz, Ferdosi High School	Iran
22 September 2003	General Medicine	Tabriz University of Medical Sciences	Iran
22 September 2010	Internal Medicine	Tabriz University of Medical Sciences	Iran
22 September 2014	Endocrinology	Tabriz University of Medical Sciences	Iran

Sabbaticals:

Start and End Date (month/year)	Details
-	-

Thesis

Degree	Title
General physician	Comparison of initial symptoms and signs between hemorrhagic and ischemic strokes
Specialty	Effect of omega 3 on plasma level of high sensitive c-reactive protein and TNF alfa in hemodialysis patients
Subspecialty	Effect of insulin glargine on recovery of patients with diabetic ketoacidosis

Educational experience

Teaching

Date (month/year)	Course Name, Venue (Institution, Address)
	Associate Professor of Medicine, Tabriz University of Medical sciences, Tabriz
	آموزش برای سمپولوژی عملی و نظری طی چهار سال اخیر
	آموزش در مقاطع بالینی برای اکسترنها، انترنها، رزیدنتها و فلوها طی 7 سال اخیر
	آموزش دوره فیزیو پات غدد طی 7 سال اخیر
	آموزش دوره فیزیوپات غدد برای دانشجویان ات غدد برای دانشجویان تغذیه پی اچ دی یک دوره
	آموزش FNA از ندولهای تیروئید زیر گاید سونو طی 7 سال اخیر به فلوهای غدد
	آموزش تفسیر دانسیتومتری استخوان به رزیدنتها و فلوها طی 7 سال اخیر

Workshop(s)

Date (month/year)	Course Name, Venue (Institution, Address)
	تهیه سی دی باز آموزشی غیر حضوری مربوط به استنوپورز سال 97

Lecture(s)

Date (month/year)	Details
	شرکت در نزدیک به بیست برنامه باز آموزشی به عنوان سخنران

Research Activities:

Research areas, Interests

Endocrinology
Thyroid
Diabetes

Books:

N	Title	authors	Publisher	Authorship/ Translation/

Selected articles:

N	Title	authors	Journal	Year	Indexed in (Scopus, Medline, WOS,)
1	Effect of Omega-3 Fatty Acid on Oxidative Stress in Patients on Hemodialysis	Hamid Tayyebi-Khosroshahi, Jalil Houshyar , Ali Tabrizi, Amir-Mansour Vatankhah, Neda Razzagi Zonouz, Reza Dehghan-Hesari	Iranian Journal of Kidney Diseases Volume 4 Number 4	October 2010	ISI=1.03 Q3 SJR=0.34 Scopus, PubMed, Embase
2	Effect of Treatment with Omega-3 Fatty Acids on C-Reactive Protein and Tumor Necrosis Factor-Alpha in Hemodialysis Patients	Hamid Tayyebi-Khosroshahi, Jalil Houshyar , Reza Dehghan-Hesari, Hosein Alikhah, AmirMansour Vatankhah, Abdol-Rasoul Safaeian, Neda Razzagi Zonouz	Saudi J Kidney Dis Transpl 2012;23(3):500-506	2012	ISI (ESCI)=0, Q3 SJR=0.22 Scopus, PubMed

3	Effectiveness of Insulin Glargine on Recovery of Patients with Diabetic Ketoacidosis: A Randomized Controlled Trial	Jalil Houshyar , Amir Bahrami , Akbar Aliasgarzadeh	Journal of Clinical and Diagnostic Research. 2015 May, Vol-9(5): OC01-OC05	2015	ISI (ESCI)=0, Embase, DOAJ Q3 Sjr=0.29
4	Evaluation effect of Cinnamon-Plus on HbA1C of patients with Diabetes	Farzad Najafipour, Javad Jafarpour, Jalil Houshyar Gharamaleki and Nasser Aghamohammadzadeh	Int.J.Curr.Res.Aca.Rev.2015; 3(7):368-377	2015	Sjr=0
5	Effect of regular exercise training on changes in HbA1c, BMI and VO 2 max among patients with type 2 diabetes mellitus: an 8-year trial	F Najafipour, M Mobasseri, A Yavari, H Nadrian, A Aliasgarzadeh, ... Jalil Houshyar Gharamaleki	BMJ Open Diabetes Res Care. 2017 Nov 8;5(1)	2017	ISI=3.183 Q1, SJR=1.46 Scopus, PubMed, Embase, DOAJ
6	Role of Serum Vitamin D Level in Progression of Diabetic Foot Ulcer	Farzad Najafipour, Naser Aghamohammadza , Neda Razzaghi Zonouz , Jalil Houshyar	Journal of Clinical and Diagnostic Research. 2019 Feb, Vol-13(2): BC15-BC17	2019	ISI (ESCI)=0, Embase, DOAJ Q3 Sjr=0.29
7	Comparison of The Efficacy of Sitagliptin With Pioglitazone on Blood Glucose Control in Type 2 Diabetic Patients	Nasser Aghamohammadzadeh , Vahideh Sadra , Amir Mehdizadeh , Sarvin Dalil , Jalil Houshyar , Akbar Aliasgarzadeh , Mostafa Najafipour , Farzad Najafipour	Archives of Pharmacy Practice Volume 10 Issue 3 July-September 2019	2019	ISI (ESCI)=0 Q4 SJR=0.11, Embase, DOAJ
8	Comparison of vitamin D level in pregnant women with and without gestational diabetes	Nasser Aghamohammadzadeh , Vahideh Sadra , Amir Mehdizadeh , Sarvin Dalil , Jalil Houshyar , Akbar Aliasgarzadeh ,	Revista Latinoamericana de Hipertensión. Vol. 14 - Nº 1, 2020	2020	ISI (ESCI)=0 Q3, Sjr=0.19 Scopus,

		Mostafa			Embase
9	Comparison of the Bone Mineral Density between Acromegaly Patients and Healthy Individuals	Zahra Mostafavi , Jalil Houshyar , Akbar Aliasgarzadeh , Naser Aghamohammadzadeh , Vahideh Sadra , Mehdi Khani2 , Mostafa Najafipour3,4, Farzad Najafipour1	Archives of Pharmacy Practice Volume 10 Issue 4 October-December 2019	2019	ISI (ESCI)=0 Q4 SJR=0.11, Embase, DOAJ
10	The comparison of GDM therapeutic methods between positive and negative anti TPO patients	Reza Ranjbar , Naser Aghamohammadzadeh , Jalil Houshyar , Akbar Aliasgarzadeh , Vahideh Sadra , Mostafa Najafipour , Farzad Najafipour	Archives of Pharmacy Practice Volume 11 Issue 2 April – June 2020	2020	ISI (ESCI)=0 Q4 SJR=0.11, Embase, DOAJ
11	Effects of saffron supplementation on glycemia and inflammation inpatients with type 2 diabetes mellitus: A randomized double-blind,placebo-controlled clinical trial studyMajid Mobasseria	Majid Mobasseri , Alireza Ostadrahimi , Aynaz Tajaddini , Samira Asghari , Meisam Barati , Moloud kbarzadeh , Omid Nikpayam, Jalil Houshyar, Neda Roshanravan, , Naimeh Mesri Alamdari ,	Diabetes & Metabolic Syndrome: Clinical Research & Reviews Volume 14, Issue 4, July–August 2020, Pages 527-534	2020	ISI Q2 Sjr=0.67 PubMed
12	Evaluating the Effect of Cabergoline on Glycaemic Control of Patients with Type 2 Diabetes Mellitus: A Randomised Controlled	Akbar aliAsgarzadeh , Sanaz Karimiavval , Jalil Houshyar , Morteza Gojazadeh	Journal of Clinical and Diagnostic Research. 2020 Feb, Vol-14(2): OC01-OC04	2020	ISI (ESCI)=0, Embase, DOAJ Q3

	Trial	, Alireza Hadi			Sjr=0.29
13	Glucose tolerance status in patients with newly diagnosed papillary thyroid carcinoma	Nasser Aghamohammadzadeh, Taghi Fadayi Haghi, Jalil Houshyar, Farzad Najafipour	Immunopathol Persa. 2021;7(2)	2021	ISI (ESCI)=0, DOAJ
14	Effective Reduction Of Inflammatory And Coagulation Factors Using Sitagliptin In Type 2 Diabetes	Maryam Ghavami, MD, Jalil Houshyar, Amir Mehdizadeh, , Mostafa Najafipour, , Farzad Najafipour,	IranRedCrescentMedJ. 2021 March; 23(3):e324	2021	ISI=0.472, Embase Q3 Sjr=0.28
15	Triglyceride glucose(TYG) index and the progression of liver fibrosis: a cross-sectional study	Helda Tutunchi, Fatemeh Naeini, Majid Mobasseri, Alireza Ostadrahimi	Clinical Nutrition ESPEN May 07, 2021	2021	ISI=2.44 Q1 Sjr= 0.66
16	فراوانی ویروس هرپس انسانی نوع 8 در بیماران پمفیگوس ولگاریس در بیمارستان سینای تبریز در سال 1395 و 1396	Hamideh Herizchi Qadim, Neda Razzaghi Zonouz, Ashraf Fakhrjou, Mohammad Reza Ranjkesh, Jalil Houshyar Gharamaleki	Med J Tabriz Uni Med Sciences Health Services. 2020February-March; 41(6):98-105	1398	-

Research projects:

N	Title	Details
1	مقایسه سطح سرمی ویتامین D بین افراد سالم با بیماران دیابتی مبتلا به زخم پاو فاقد آن	پایان طرح
2	برنامه جامع ثبت ندول های تیروئیدی در استان آذربایجان شرقی	در جریان
3	مقایسه میزان پرولاکتین ادراری و نسبت پرولاکتین سرم به ادرار در بیماران مبتلا به هیپرپرولاکتینمی و ماکروپرولاکتینمی	
4	مقایسه اثرات داروهای سیتاگلیبتین، گلوکز و سایر داروهای پایین آورنده قند خون بر فاکتورهای التهابی، انعقادی و پروفایل چربی در بیماران مبتلا به دیابت نوع 2	پایان طرح
5	مقایسه یافته های سونوگرافی و نتایج آسپیراسیون سوزنی در بیماران با گواتر ندولر آنتی	پایان طرح

	TPO مثبت و منفی	
6	بررسی وضعیت تحمل گلوکز در بیماران جدیدا تشخیص داده شده سرطان پاپیلری تیروئید	پایان طرح
7	بررسی همخوانی بین یافته های سونوگرافی ، سیتولوژی آسپیراسیون سوزنی (FNA) و هیستوپاتولوژی در ندولهای تیروئید	پایان طرح
8	ارزیابی تاثیر کابرگولین بر کنترل قند خون بیماران دیابتی تیپ دو کنترل نشده تحت درمان با متفورمین	پایان طرح

Positions held: (past- current)

Start and End Date	Job Title, Responsibilities and achievements
1393 -1397	Responsible for internal clinics of imam reza hospital

Association Memberships (past and current)

Start and End Date	Job Title, Responsibilities and achievements
Since 1393 until 1397	عضو کمیته راهبردی تحقیقات بالینی معاونت تحقیقات و فناوری دانشکده پزشکی

Awards and Recognitions

Start and End Date	Details
Rank two	Endocrine Subspecialty board exam in 1393