

بسمه تعالی

رزومه فعالیت‌های دکتر محمد علیزاده



مشخصات :

نام خانوادگی : علیزاده نام : محمد

تاریخ تولد: 1347/7/7

محل تولد: ماکو

مرتبه فعلی : استاد

محل خدمت : دانشگاه علوم پزشکی تبریز

کلینیک های درمانی : بیمارستان امام رضا ، بیمارستان اسدابادی ، کلینک تخصصی شیخ الرئیس

ایمیل: mdalizadeh@tbzmed.ac.ir

تارنمای سوابق پژوهشی / آموزشی و درمانی :

https://scholar.google.com/citations?user=MWp4L_gAAAAJ&hl=en

https://isid.research.ac.ir/Mohammad_Alizadeh

اطلاعات کلی



آخرین مدرک تحصیلی : دکتری تخصصی PhD

پست الکترونیک : mdalizadeh@tbzmed.ac.ir

دانشکده/محل خدمت : دانشکده تغذیه

آدرس محل کار: تهریز T جاده ی ایل گلی ، کوی رجایی شهر ۱۰ متری ۸ شرقی
پلاک ۴۰ طبقه ی اول

نام و نام خانوادگی(فارسی) : محمد علی زاده

نام و نام خانوادگی(انگلیسی) : Mohammad Alizadeh

رشته تخصصی : علوم تغذیه

سوابق تحصیلی

رشته تحصیلی / تخصصی	درجه تحصیلی	سال دریافت مدرک	دانشگاه / موسسه
پزشکی	دکتری عمومی	۱۳۷۲	دانشگاه علوم پزشکی ارومیه ۱۳۶۵/۱۱/۲۳
علوم تغذیه	دکتری تخصصی PhD	۱۳۸۵	دانشگاه توکوشیما



آشنایی با زبان های خارجی

عنوان زبان خارجی	خواندن	نوشتن	درک مطلب	مکالمه	مدرک اخذ شده	تاریخ اخذ مدرک	مؤسسه صادرکننده مدرک	توضیحات
انگلیسی	خوب	بسیار خوب	بسیار خوب	بسیار خوب				

سوابق تحصیلی دانشگاهی :

ردیف	مدرک تحصیلی (لیسانس...)	رشته تحصیلی	نام دانشگاه	محل دانشگاه		مدت تحصیل		تاریخ اخذ مدرک تحصیلی	درجه	عنوان ارزشیابی شده مدرک تحصیلی
				شهر	کشور	از	تا			
1	دکترای حرفه ای	پزشکی	علوم پزشکی ارومیه	ارومیه	ایران	1365	1372	72/7/30	دکترای	-
2	دکترای تخصصی	علوم تغذیه	توکوشیما	توکوشیما	ژاپن	2002	2006	2006/9/28	دکترای	علوم تغذیه



سوابق شغلی

سوابق خدمت اداری غیر هیئت علمی :

سمت	نام و آدرس محل خدمت	تاریخ شروع	تاریخ پایان
تبریز - -			
دانشگاه علوم پزشکی ارومیه شماره نامه:	مدیر شبکه بهداشت و درمان شهرستان ماکو	۱۳۷۴/۰۸/۰۱	۱۳۷۹/۰۶/۰۱
دانشگاه علوم پزشکی ارومیه شماره نامه:	معاون اجرایی مرکز بهداشت استان	۱۳۷۹/۰۸/۰۱	۱۳۸۱/۰۶/۲۰
دانشگاه علوم پزشکی ارومیه شماره نامه:	معاون درمان	۱۳۸۵/۰۸/۳۰	۱۳۸۹/۰۴/۰۴
استان آذربایجان غربی شماره نامه:	مدیر عامل مجمع خیرین سلامت استان آذربایجان غربی	۱۳۸۹/۰۵/۰۱	

سوابق خدمت دانشگاهی :

نوع استخدام رسمی - پیمانی	تمام وقت یا پاره وقت	مرتبه دانشگاهی	سمت	تاریخ		جمع مدت		محل خدمت
				از	تا	سال	ماه	
رسمی	تمام وقت	-	پزشک	74/9/4	85/10/20	11	1	دانشگاه علوم پزشکی ارومیه
پیمانی	تمام وقت	استادیار	عضو هیئت علمی	85/10/2	93/9/11	7	11	دانشگاه علوم پزشکی ارومیه و تبریز
رسمی	تمام وقت	دانشیار	عضو هیئت علمی	93/9/11	ادامه دارد	-	-	دانشگاه علوم پزشکی تبریز
رسمی	تمام وقت	استاد	عضو هیئت علمی	1397				

شرکت در کارگاهها و دوره ها :

ردیف	نام دوره	محل برگزاری	شماره مجوز		تاریخ انجام فعالیت	
			شماره	تاریخ	از تاریخ	تا تاریخ
1	معرفت شناسی سطح دو	EDC	5/78847	95/6/20		
2	آسیب شناسی کم توجهی به اخلاق حرفه ای	دانشکده پزشکی	4587/19	95/8/19	95/8/6	95/8/6
3	اخلاق علمی و حرفه ای	EDC	5/147079	95/11/21		
5	همایش همگانی سازی امر به معروف و نهی از منکر	دانشکده پزشکی	20/5065/ن	96/7/27	96/7/4	96/7/4
6	سمینار روزه و سلامت	دانشکده پزشکی	20/5066/ن	97/2/24		

		97/4/14	5/s/117345	EDC	اخلاق حرفه ای	7
		97/6/19	5/s/213189	EDC	سبک زندگی	8
97/7/19	97/7/19	97/7/23	615ن	دانشکده تغذیه و علوم غذایی	نقش اساتید در ارتقا وضعیت فرهنگی دانشگاه	9

شرکت در دوره های مهارتی تخصصی :

محل دوره	مدت بر حسب ساعت	تاریخ		نام دوره	ردیف
		تا	از		
دانشکده تغذیه تبریز	3	-	94/7/27	فقرزدایی از روستاها با توسعه کشاورزی و حمایت اجتماعی	1
سازمان غذا و دارو (تهران)	5	-	95/12/9	آشنایی با نحوه بازرسی، کنترل، رهگیری و اصالت کالاهای حوزه سلامت و نحوه رسیدگی به تخلفات مربوطه طبق ضابطه ابلاغی	2
دانشگاه علوم پزشکی تبریز	20	97/1/24	97/1/23	نگارش خلاصه سیاستی	3

4	آشنایی با اهمیت و روش نوشتن برنامه راهنمایی (SP)	96/2/25	-	10	حوزه معاونت تحقیقات و فناوری دانشگاه علوم پزشکی تبریز
5	آشنایی با ابزارهای پژوهش و نظام نوین اطلاعات پژوهش های پزشکی کشور (نوپا)	97/5/8	-	3	حوزه معاونت تحقیقات و فناوری دانشگاه علوم پزشکی تبریز
6	مقاله نویسی و نحوه ارتباط با دانشگاه ها و مجامع بین المللی	97/5/18	-	6	حوزه معاونت تحقیقات و فناوری دانشگاه علوم پزشکی تبریز
7	اصول مهم گزینش نویسی و پاسخ به نقد و داوری مقالات	97/5/19	-	6	حوزه معاونت تحقیقات و فناوری دانشگاه علوم پزشکی تبریز

شرکت در مجامع علمی و بین المللی

ردیف	دعوت یا ماموریت	تاریخ	موضوع بحث مجمع	محل برگزاری	اسامی همکاران به ترتیب (شامل نام متقاضی)
		6-8 september 2017	Nutrition: from laboratory research to clinical studies	Progressing health center, Mashhad, Iran	Dr. Mohammad Alizadeh

تالیفات (کتاب):

عنوان کتاب به زبان اصلی	چاپ چندم	ناشر	اسامی همکاران
اصول تغذیه کراوس 2017	اول 1396	انتشارات دری	وحید ملکی - حامد جعفری وایقان - سودا صالح قدیمی - جلال مولودی - (زیر نظر: دکتر محمد علیزاده)
اصول تغذیه پیراروده ای	اول 1393	انتشارات امیرسینا	حامد جعفری وایقان - سودا صالح قدیمی - (زیر نظر: دکتر محمد علیزاده)

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| ☐ <u>Effects of Nigella sativa oil extract on inflammatory cytokine response and oxidative stress status in patients with rheumatoid arthritis: a randomized, double-blind, placebo ...</u>
V Hadi, S Kheirouri, M Alizadeh, A Khabbazi, H Hosseini
Avicenna journal of phytomedicine 6 (1), 34 | 2016 |
| ☐ <u>Alterations in serum levels of trace elements in tuberculosis and HIV infections</u>
A Kassu, T Yabutani, ZH Mahmud, A Mohammad, N Nguyen, BTM Huong, ...
European journal of clinical nutrition 60 (5), 580-586 | 2006 |
| ☐ <u>Curcumin reduces malondialdehyde and improves antioxidants in humans with diseased conditions: A comprehensive meta-analysis of randomized controlled trials</u>
M Alizadeh, S Kheirouri
BioMedicine 9 (4) | 2019 |
| ☐ <u>Antioxidant properties of the flavonoid fisetin: An updated review of in vivo and in vitro studies</u>
AF Naeimi, M Alizadeh
Trends in food science & technology 70, 34-44 | 2017 |
| ☐ <u>Metabolic endotoxemia and cardiovascular disease: A systematic review about potential roles of prebiotics and probiotics</u>
J Moludi, V Maleki, H Jafari-Vayghyan, E Vaghef-Mehrabany, M Alizadeh
Clinical and Experimental Pharmacology and Physiology 47 (6), 927-939 | 2020 |
| ☐ <u>Toxigenicity and genetic diversity of Staphylococcus aureus isolated from Vietnamese ready-to-eat foods</u>
BTM Huong, ZH Mahmud, SB Neogi, A Kassu, N Van Nhien, ...
Food Control 21 (2), 166-171 | 2010 |
| ☐ <u>Isolation and molecular characterization of toxigenic Vibrio parahaemolyticus from the Kii Channel, Japan</u>
ZH Mahmud, A Kassu, A Mohammad, M Yamato, NA Bhuiyan, GB Nair, ...
Microbiological Research 161 (1), 25-37 | 2006 |
| ☐ <u>Effects of Nigella sativa oil with a low-calorie diet on cardiometabolic risk factors in obese women: a randomized controlled clinical trial</u>
R Mahdavi, N Namazi, M Alizadeh, S Farajnia
Food & function 6 (6), 2041-2048 | 2015 |
| ☐ <u>Nigella sativa oil with a calorie-restricted diet can improve biomarkers of systemic inflammation in obese women: A randomized double-blind, placebo-controlled clinical trial</u> | 2016 |



- R Mahdavi, N Namazi, M Alizadeh, S Farajnia
Journal of clinical lipidology 10 (5), 1203-1211
- ☐ [Effect of fisetin supplementation on inflammatory factors and matrix metalloproteinase enzymes in colorectal cancer patients](#) 2018
A Farsad-Naeimi, M Alizadeh, A Esfahani, ED Aminabad
Food & function 9 (4), 2025-2031
- ☐ [Recent updates on anti-inflammatory and antimicrobial effects of furan natural derivatives](#) 2020
M Alizadeh, M Jalal, K Hamed, A Saber, S Kheirouri, ...
Journal of Inflammation Research, 451-463
- ☐ [Oxidative Stress Responses to *Nigella sativa* Oil Concurrent with a Low-Calorie Diet in Obese Women: A Randomized, Double-Blind Controlled Clinical Trial](#) 2015
N Namazi, R Mahdavi, M Alizadeh, S Farajnia
Phytotherapy Research 29 (11), 1722-1728
- ☐ [Immunomodulatory effect of *Nigella sativa* oil on T lymphocytes in patients with rheumatoid arthritis](#) 2016
S Kheirouri, V Hadi, M Alizadeh
Immunological investigations 45 (4), 271-283
- ☐ [Health-related quality of life and its determinants among women with diabetes mellitus: a cross-sectional analysis](#) 2016
A Didarloo, M Alizadeh
Nursing and midwifery studies 5 (1)
- ☐ [Eating disorders risk and its relation to self-esteem and body image in Iranian university students of medical sciences](#) 2016
AF Naeimi, HK Haghighian, BP Gargari, M Alizadeh, T Rouzitalab
Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity 21, 597-605
- ☐ [The effects of taurine supplementation on oxidative stress indices and inflammation biomarkers in patients with type 2 diabetes: a randomized, double-blind, placebo-controlled ...](#) 2020
V Maleki, R Mahdavi, F Hajizadeh-Sharafabad, M Alizadeh
Diabetology & metabolic syndrome 12 (1), 1-9
- ☐ [The effect of vitamin E supplementation on selected inflammatory biomarkers in adults: a systematic review and meta-analysis of randomized clinical trials](#) 2020
O Asbaghi, M Sadeghian, B Nazarian, M Sarreshtedari, ...
Scientific reports 10 (1), 17234

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| ☐ <u>Quercetin and polycystic ovary syndrome, current evidence and future directions: a systematic review</u>
F Pourteymour Fard Tabrizi, F Hajizadeh-Sharafabad, M Vaezi, ...
Journal of Ovarian Research 13 (1), 1-10 | 2020 |
| ☐ <u>Levels of some heavy metals in raw cow's milk from selected milk production sites in Iran: is there any health concern?</u>
M Arianejad, M Alizadeh, A Bahrami, SR Arefhoseini
Health promotion perspectives 5 (3), 176 | 2015 |
| ☐ <u>MIND diet and cognitive performance in older adults: a systematic review</u>
S Kheirouri, M Alizadeh
Critical Reviews in Food Science and Nutrition 62 (29), 8059-8077 | 2022 |
| ☐ <u>Process evaluation of a national school-based iron supplementation program for adolescent girls in Iran</u>
S Kheirouri, M Alizadeh
BMC public health 14, 1-8 | 2014 |
| ☐ <u>Factors influencing physical activity behavior among iranian women with type 2 diabetes using the extended theory of reasoned action</u>
A Didarloo, D Shojaeizadeh, HE Ardebili, S Niknami, E Hajizadeh, ...
Diabetes & metabolism journal 35 (5), 513-522 | 2011 |
| ☐ <u>Physicochemical and sensorial properties of probiotic yogurt as affected by additions of different types of hydrocolloid</u>
M Bahrami, D Ahmadi, M Alizadeh, F Hosseini
Food Science of Animal Resources 33 (3), 363-368 | 2013 |
| ☐ <u>Impact of educational intervention based on interactive approaches on beliefs, behavior, hemoglobin A1c, and quality of life in diabetic women</u>
A Didarloo, D Shojaeizadeh, M Alizadeh
International journal of preventive medicine 7 | 2016 |
| ☐ <u>Altered allergic cytokine and antibody response in mice treated with Bisphenol A</u>
MA Alizadeh, M., Ota, F., Hosoi, K., Kato, M., Sakai, T., & Satter
The journal of medical investigation 53 (1) | 2006 |
| ☐ <u>Prognostic potential of the preoperative controlling nutritional status (CONUT) score in predicting survival of patients with cancer: a systematic review</u>
S Kheirouri, M Alizadeh | 2021 |

Advances in Nutrition 12 (1), 234-250

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| ☐ Recent advances in the application of heterogeneous nanocatalysts for Sonogashira coupling reactions
M Nasrollahzadeh, M Atarod, M Alizadeh, A Hatamifard, ...
Current Organic Chemistry 21 (8), 708-749 | 2017 |
| ☐ Augmented Plasma Adiponectin after Prolonged Fasting During Ramadan in Men
MA Sadegh Feizollahzadeh, Javad Rasuli, Sorayya Kheirouri
Health Promotion Perspectives 4 (1), 77-81 | 2014 |
| ☐ Effect of Zinc Supplementation on Insulin Resistance, Energy and Macronutrients Intakes in Pregnant Women with Impaired Glucose Tolerance
ATE Neda ROSHANRAVAN, Mohammad ALIZADEH, Mehdi HEDAYATI, Mohammad ASGHARI ...
Iranian Journal of Public Health 44 (2), 211-217 | 2015 |
| ☐ Effect of Stevia as a Substitute for Sugar on Physicochemical and Sensory Properties of Fruit Based Milk Shake
HHSK Mohammad Alizadeh, Maryam Azizi-lalabadi2
Journal of Scientific Research & Reports 3 (11), 1421-1429 | 2014 |
| ☐ Enrichment of a fruit-based beverage in dietary fiber using basil seed: Effect of Carboxymethyl cellulose and Gum Tragacanth on stability
A Hajmohammadi, MK Pirouzifard, M Shahedi, M Alizadeh
LWT 74, 84-91 | 2016 |
| ☐ Effects of Royal jelly on metabolic variables in diabetes mellitus: A systematic review
V Maleki, H Jafari-Vayghan, S Saleh-Ghadimi, M Adibian, S Kheirouri, ...
Complementary therapies in medicine 43, 20-27 | 2019 |
| ☐ Assessment of factors affecting self-care behavior among women with type 2 diabetes in Khoy City Diabetes Clinic using the extended theory of reasoned action.
A Didarloo, D Shojaeizadeh, H Eftekhar Ardebili, S Niknami, E Hajizadeh, ...
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| ☐ The relation of Dietary diversity score and food insecurity to metabolic syndrome features and glucose level among pre-diabetes subjects
F Gholizadeh, J Moludi, NL Yagin, M Alizadeh, SM Nachvak, ...
Primary care diabetes 12 (4), 338-344 | 2018 |

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| ☐ <u>Determination of lemon juice adulteration by analysis of gas chromatography profile of volatile organic compounds extracted with nano-sized polyester-polyaniline fiber</u>
M Alizadeh, S Pirsai, N Faraji
Food analytical methods 10, 2092-2101 | 2017 |
| ☐ <u>The effect of probiotic supplementation on depressive symptoms and quality of life in patients after myocardial infarction: results of a preliminary double-blind clinical trial</u>
J Moludi, M Alizadeh, MHS Mohammadzad, M Davari
Psychosomatic medicine 81 (9), 770-777 | 2019 |
| ☐ <u>New insights on atherosclerosis: A cross-talk between endocannabinoid systems with gut microbiota</u>
J Moludi, M Alizadeh, NL Yagin, Y Pasdar, SM Nachvak, H Abdollahzad, ...
Journal of cardiovascular and thoracic research 10 (3), 129 | 2018 |
| ☐ <u>The effect of vitamin d-calcium co-supplementation on inflammatory biomarkers: A systematic review and meta-analysis of randomized controlled trials</u>
O Asbaghi, M Sadeghian, H Mozaffari-Khosravi, V Maleki, A Shokri, ...
Cytokine 129, 155050 | 2020 |
| ☐ <u>Serum IgE levels of tuberculosis patients in a tropical setup with high prevalence of HIV and intestinal parasitoses</u>
A Kassu, A Mohammad, Y Fujimaki, F Moges, D Elias, F Mekonnen, ...
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| ☐ <u>The potency of education programs for management of blood pressure through increasing self-efficacy of hypertensive patients: A systematic review and meta-analysis</u>
E Foroumandi, S Kheirouri, M Alizadeh
Patient education and counseling 103 (3), 451-461 | 2020 |
| ☐ <u>Comparison of three different diet-induced non alcoholic fatty liver disease protocols in rats: A pilot study</u>
S Shojaei Zarghani, H Soraya, L Zarei, M Alizadeh
Pharmaceutical Sciences 22 (1), 9-15 | 2016 |
| ☐ <u>Dietary inflammatory potential and the risk of incident depression in adults: a systematic review</u>
S Kheirouri, M Alizadeh
Advances in nutrition 10 (1), 9-18 | 2019 |

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| ☐ <u>Elevated brain-derived neurotrophic factor correlates negatively with severity and duration of major depressive episodes</u>
S Kheirouri, SG Noorazar, M Alizadeh, L Dana-Alamdari
Cognitive and Behavioral Neurology 29 (1), 24-31 | 2016 |
| ☐ <u>Effect of probiotic supplementation along with calorie restriction on metabolic endotoxemia, and inflammation markers in coronary artery disease patients: A double blind ...</u>
J Moludi, HS Kafil, SA Qaisar, P Gholizadeh, M Alizadeh, HJ Vayghyan
Nutrition Journal 20 (1), 1-10 | 2021 |
| ☐ <u>Probiotics supplementation on cardiac remodeling following myocardial infarction: a single-center double-blind clinical study</u>
J Moludi, S Saiedi, B Ebrahimi, M Alizadeh, Y Khajebishak, SS Ghadimi
Journal of cardiovascular translational research 14, 299-307 | 2021 |
| ☐ <u>Chamomile (Matricaria recutita L.) and diabetes mellitus, current knowledge and the way forward: A systematic review</u>
F Hajizadeh-Sharafabad, P Varshosaz, H Jafari-Vayghan, M Alizadeh, ...
Complementary therapies in medicine 48, 102284 | 2020 |
| ☐ <u>The effect of flaxseed enriched yogurt on the glycemic status and cardiovascular risk factors in patients with type 2 diabetes mellitus: randomized, open-labeled, controlled study</u>
N Hasaniani, M Rahimlou, AR Ahmadi, AM Khalifani, M Alizadeh
Clinical nutrition research 8 (4), 284-295 | 2019 |
| ☐ <u>Numerical optimization of probiotic Ayran production based on whey containing transglutaminase and Aloe vera gel</u>
M Rezazadeh-Bari, Y Najafi-Darmian, M Alizadeh, S Amiri
Journal of food science and technology 56, 3502-3512 | 2019 |
| ☐ <u>Curcumin against advanced glycation end products (AGEs) and AGEs-induced detrimental agents</u>
M Alizadeh, S Kheirouri
Critical reviews in food science and nutrition 59 (7), 1169-1177 | 2019 |
| ☐ <u>Zinc against advanced glycation end products</u>
S Kheirouri, M Alizadeh, V Maleki
Clinical and experimental pharmacology and physiology 45 (6), 491-498 | 2018 |
| ☐ <u>Carotenoids supplementation and inflammation: A systematic review and meta-analysis of randomized clinical trials</u>
F Hajizadeh-Sharafabad, ES Zahabi, M Malekahmadi, R Zarrin, ...
Critical Reviews in Food Science and Nutrition 62 (29), 8161-8177 | 2022 |

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| ❑ | <u>A comprehensive insight into the effect of glutamine supplementation on metabolic variables in diabetes mellitus: a systematic review</u>
H Jafari-Vayghan, P Varshosaz, F Hajizadeh-Sharafabad, HR Razmi, ...
Nutrition & metabolism 17 (1), 1-14 | 2020 |
| ❑ | <u>The efficacy and safety of probiotics intervention in attenuating cardiac remodeling following myocardial infraction: literature review and study protocol for a randomized ...</u>
J Moludi, M Alizadeh, M Davari, A Golmohammadi, V Maleki
Contemporary Clinical Trials Communications 15, 100364 | 2019 |
| ❑ | <u>Magnetic nanoparticles loaded on mobile crystalline material-41: preparation, characterization and application as a novel material for the construction of an electrochemical ...</u>
M Hasanzadeh, A Bahrami, M Alizadeh, N Shadjou
RSC Advances 3 (46), 24237-24246 | 2013 |
| ❑ | <u>Exploring the role of body mass index in relationship of serum nitric oxide and advanced glycation end products in apparently healthy subjects</u>
E Foroumandi, M Alizadeh, S Kheirouri, M Asghari Jafarabadi
PLoS One 14 (3), e0213307 | 2019 |
| ❑ | <u>Assessing the effect of 5-hydroxymethylfurfural on selected components of immune responses in mice immunised with ovalbumin</u>
M Alizadeh, H Khodaei, M Mesgari Abbasi, S Saleh-Ghadimi
Journal of the Science of Food and Agriculture 97 (12), 3979-3984 | 2017 |
| ❑ | <u>Probiotic supplementation improves clinical outcomes and quality of life indicators in patients with plaque psoriasis: A randomized double-blind clinical trial</u>
J Moludi, H Khedmatgozar, S Saiedi, H Razmi, M Alizadeh, B Ebrahimi
Clinical Nutrition ESPEN 46, 33-39 | 2021 |
| ❑ | <u>Changes of body composition and circulating adipokines in response to Nigella sativa oil with a calorie restricted diet in obese women</u>
R Mahdavi, M Alizadeh, N Namazi, S Farajnia
Journal of Herbal Medicine 6 (2), 67-72 | 2016 |

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| ☐ <u>The effects of taurine supplementation on glycemic control and serum lipid profile in patients with type 2 diabetes: a randomized, double-blind, placebo-controlled trial</u>
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2. نقش روغن های خوراکی/پخت و پز با نسبت شانس و علائم بیماری آرتریت روماتوئید
3. اثر مکمل یاری با پروبیوتیک بر بیان ژن های استئوپروتگترین و لیگاند فعال کننده ی گیرنده ی فاکتور هسته ای کاپا ب ، سطح سرمی تلویپتید C- ترمینال از کلاژن نوع I و استئوکلسین ، شاخص های تن سنجی، ترکیبات بدنی و کیفیت زندگی بعد از جراحی اسلیو معده : یک مطالعه کارآزمایی کنترل شده بالینی تصادفی شده
4. ارتباط سطوح سرمی hs-cTnT, NTproBNP, hs-CRP با شاخص های التهابی غذایی و تغذیه سالم و عوامل خطر بیماری های قلبی عروقی در بیماران مبتلا به پرفشاری خون: یک مطالعه طولی حاصل از نتایج کوهورت آذر
5. طراحی فرمولای انترال مخصوص بیماران با نفروپاتی دیابتی و بررسی ویژگی های فیزیکوشیمیایی، میکروبی و رئولوژیک فرمولای طراحی شده
6. "تأثیر مکمل یاری الاژیک اسید در بیماران دیابتی: یک مرور نظام مند و فراتحلیل مطالعات کارآزمایی بالینی"
7. تاثیر مکمل لوتئین بر برخی متابولیتهای خون و فاکتورهای التهابی در بیماران مبتلا به سرطان روده بزرگ دارای جهش ژنهای KRAS,BRAF,NRAS کارآزمایی بالینی دوسوکور شاهددار

8. طراحی فرمولای اختصاصی برای بیماران با نفروپاتی دیابتی نیازمند به حمایت تغذیه ای روده ای، بررسی ویژگی ها و تعیین اثر فرمولای طراحی شده بر شاخص های تغذیه ای، التهابی، متابولیک و عملکرد کلیوی در بخش مراقبت های ویژه: کارآزمایی تصادفی کنترل شده پایلوت
9. ارتباط دریافت لوتئین رژیم غذایی، وضعیت تام آنتی اکسیدانی غذا و تغذیه ای با جهش و بیان بافتی ژن های KRAS ، BRAF ، NRAS، نشانگرهای التهابی و کیفیت زندگی در افراد مبتلا به سرطان روده بزرگ: مطالعه مورد-شاهدی
10. تاثیر مکمل یاری الازیک اسید بر شاخص های گلیسمی، پروفایل لیپیدی، شاخص های تن سنجی، دریافت غذایی و سطح سرمی پنتوزیدین در بیماران مبتلا به دیابت نوع 2: کارآزمایی بالینی دو سو کور شاهددار تصادفی
11. بررسی ارتباط بین باراسیدی رژیم غذایی ، IGF-1، الگوی لیپیدی ، شاخص های گلیسمی و شاخص های تن سنجی در افراد چاق
12. ارتباط نمایه التهابی غذایی، امتیاز الگوی غذایی DASH ، ظرفیت تام آنتی اکسیدانی غذا با سطوح سرمی TMPRSS-2 ، زیست نشانگرهای التهابی و شدت بیماری در بیماران کوید-19: مطالعه ‍ ‍ ‍ -شاهد
13. تاثیر مکمل یاری با الازیک اسید بر روی سطوح سرمی آدیپونکتین، رزیستین، برخی از شاخص های التهابی و اکسیداتیو در بیماران مبتلا به دیابت نوع دو
14. تاثیر مکمل یاری کاروتنوئیدها بر سطح سرمی برخی از فاکتورهای التهابی: یک مرور نظام مند و فراتحلیل مطالعات کارآزمایی بالینی
15. بررسی اثر مکمل یاری آستاگزانتین بر استرس اکسیداتیو: یک مروری نظام مند از کارآزمایی های بالینی و مطالعات حیوانی
16. بررسی اثر مکمل یاری ملاتونین بر وضعیت انسولین : یک مروری نظام مند از کارآزمایی های بالینی و مطالعات حیوانی
17. آیا امتیاز بالای تنوع غذایی ، کفایت ریز مغذی های رژیم غذایی را در نوزادان و کودکان زیر پنج سال پیش بینی می کند؟ مرور نظام مند
18. تاثیر مکمل یاری آستاگزانتین بر سطوح سرمی مهارکننده فاکتور فعال ‍ ‍ ‍ کننده پلاسمینوژن نوع 1 و پارامترهای اکسیداتیو در مبتلایان به بیماری عروق کرونر
19. بررسی تاثیر مکمل یاری آستاگزانتین بر سطوح سرمی سیرتوئین یک، فاکتور نکروزدهنده تومور آلفا، پارامتر های متابولیکی، ترکیب بدن و وضعیت تغذیه ای در مبتلایان به بیماری عروق کرونر
20. بررسی اثر مکمل یاری ملاتونین بر سطح سرمی ویسفاتین و شاخص حساسیت به انسولین در زنان مبتلا به سندروم تخمدان پلی کیستیک
21. ارتباط نمایه التهابی و آنتی اکسیدانی رژیم غذایی با شدت بیماری و میزان فاکتورهای التهابی و اکسیدانی سرم در بیماران مبتلا به کووید-19، مطالعه مورد شاهدی
22. اثر مکمل یاری روغن دانه کتان بر سطوح اسیدهای چرب بلند زنجیر، الگوی لیپیدی، آراشیدونوئیل اتانول آمین و بیان ژنهای CB1 و CB2 در بیماران مبتلا به تنگی عروق کرونر

23. اثر مصرف توام مکمل ملاتونین و منیزیم بر پارامترهای متابولیک، هورمونی، التهابی و بیومارکرهای استرس اکسیداتیو در زنان مبتلا به سندرم تخمدان پلی کیستیک

24. بررسی اثرات بالقوه زیره بر ریسک فاکتورهای بیماری قلب و عروقی : یک مرور نظاممند

25. پتانسیل پیش آگهی امتیاز کنترل وضعیت تغذیه ای (CONUT) در پیش بینی بقای بیماران مبتلا به سرطان: مرور نظام مند

26. تاثیر مکمل یاری عصاره روغنی سیاه دانه (*Nigella Sativa*) بر سطح پلاسمایی ICAM-1, VCAM-1، پارامترهای متابولیک، اکسیداتیو و وضعیت تغذیه ای در

مبتلایان به بیماری عروق کرونر

27. بررسی تاثیر مکمل تورین بر متغیرهای متابولیکی در چاقی: مرور نظام مند

28. بررسی تاثیر مکمل رزوراترول بر محصولات نهایی گلیکاسیون پیشرفته در دیابت ملیتوس: مرور نظام مند

29. تاثیر مکمل یاری تورین بر سطوح سرمی پنتوزیدین، رسپتور محلول محصولات نهایی گلیکاسیون پیشرفته، متیل گلی اکسال، وضعیت گلايسميک، اکسیداتیو و تغذیه

ای در بیماران مبتلا به دیابت نوع دو: کارآزمایی بالینی دو سوکور کنترل شده با دارونما

30. تاثیر مکمل یاری تورین بر سطوح سرمی آدیپونکتین، آیریزین، فاکتور رشد فیبروبلاست 21، سیرتوئین 1، پارامترهای متابولیکی، اکسیداتیو و التهابی و وضعیت

تغذیه ‌ای در بیماران مبتلا به دیابت نوع دو

31. بررسی تغییرات آمینواسیدهای شاخه دار، متابولیت های نیتریک اکساید و محصولات پیشرفته نهایی گلیکوزیله در گروه های سنی مختلف و ارتباط آن با فعالیت

فیزیکی و دریافت غذایی

32. تاثیر مکمل یاری عصاره دانه انگور بر شاخص های بیوشیمیایی، مقاومت انسولینی، آدیپونکتین و رزیستین در نوجوانان مبتلا به سندروم متابولیک

33. اثر هیدرو کسی متیل فورفورال بر میزان بیان ژن های VCAM-1 ، ICAM-1 و MMP-9 به دنبال هم کشتی (coculture) سلول های HUVECs و مونوسیت

های انسانی

34. ارزیابی میزان فلزات سمی جیوه، آرسنیک، نیکل و قلع در شیر خام ورودی به کارخانجات تولیدی شیر از دامداریهای سنتی و صنعتی در شهر اراک

35. اثر مکمل یاری روی بر مقاومت انسولینی و سطوح سرمی وازپین و اینترلوکین 6 در زنان باردار غیر دیابتیک با اختلال تحمل گلوکز

36. طراحی پرسشنامه ای مبتنی بر تئوری عمل منطقی و شناسایی عوامل تاثیر گذار بر رفتار تغذیه ای افراد مبتلا به سندرم متابولیک با استفاده از آن

37. اثر هیدروکسی متیل فورفورال بر ترشح ICAM-1 و MMP-9 در سلول های HUVECs به دنبال هم کشتی (coculture) و مونوسیت های انسانی

38. ارزیابی پرولیفراسیون سلولی و آسیب اکسیداتیو DNA در اسپلنوسیت های موش BALB/c پس از مواجهه با هیدروکسی متیل فورفورال

39. اثر عصاره هیدروالکلی کنگر وحشی بر مهارکننده فاکتور فعال کننده پلاسمینوژن نوع 1، ترومبوکسان B2، فراسنجهای لیپیدی و ظرفیت آنتی اکسیدانی در بیماران مبتلا به تنگی عروق کرونر

40. ارزیابی تاثیر 5- هیدروکسی متیل فورفورال بر برخی اجزای پاسخ ایمنی در موش های BALB/c ایمونیزه شده با اوالبومین

41. تاثیر مکمل یاری فیستین بر وضعیت تغذیه ای، فاکتورهای التهابی و اکسیداتیو و آنزیم های متالوپروتئیناز ماتریکسی در بیماران مبتلا به سرطان کولورکتال تحت شیمی درمانی در ارتباط با پلی مرفیسم ژن های TYMS و MTHFR

42. طراحی و ارزیابی روایی و پایایی پرسشنامه بررسی عوامل موثر در انتخاب غذاهای بسته بندی شده توسط مصرف کنندگان بر اساس تئوری عمل منطقی

43. ارتباط نمایه آنتی اکسیدانی غذاهای دریافتی با میزان اشتها، سطوح سرمی BDNF، NPY و ظرفیت تام آنتی اکسیدانی سرم در زنان چاق

44. بررسی تأثیر مکمل یاری لاکتوباسیلوس رامنوز بر شاخص های التهابی، استرس اکسیداتیو، میکروبیوم روده، متابولیت های روده ای و بازآرایی سلول های قلبی در بیماران مبتلا به سکته قلبی

45. مطالعه ترجیحات غذایی کودکان 3 تا 6 ساله و شناسایی عوامل مرتبط، با استفاده از ابزار محقق ساخته

46. بررسی سطوح خونی 2-آراشیدونوئیل گلیسرول، نوروپپتید Y و اومنتین و ارتباط آنها با عادات غذایی در زنان چاق

47. ارتباط سطوح سرمی متیل گلیاکسال، DJ-1 و آلفا سینوکلئین الیگومر با وضعیت تغذیه ای، شاخص گلیسمی و شدت بیماری در بیماران مبتلا به پارکینسون

48. اثر مکمل یاری ملاتونین و اسیدهای آمینه شاخه دار به صورت جداگانه و توأم بر فاکتورهای التهابی، تحلیل عضلانی، وضعیت تغذیه ای و کیفیت زندگی در بیماران مبتلا به نارسایی قلبی کاشکتیک

49. اثر مکمل یاری روغن دانه کتان بر سطوح سرمی امنتین، کمترین و ترومبوکسان B2 در بیماران مبتلا به تنگی عروق کرونر

50. اثر مکمل یاری روغن دانه کتان بر سطوح برخی فاکتورهای التهابی در بیماران مبتلا به تنگی عروق کرونر

51. تاثیر مداخله آموزشی طراحی شده براساس الگوی مراحل تغییر بر نمره امنیت غذایی، شاخص های تن سنجی و ترکیب بدن در زنان خسروشهر