

Curriculum Vitae

Mostafa Farahbakhsh

Assistant professor of psychiatry

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Education

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|----------------------------|---|
| Aug 2011 – Sep 2015 | Tabriz University of Medical sciences
Faculty of medicine
Razi Teaching Hospital
Tabriz, Iran
Residency in Psychiatry |
| Jan 1987 – Feb 1994 | Tehran University of Medical sciences
Faculty of medicine
Tehran, Iran
Medical Doctor |

Work History

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|----------------------------|--|
| Sep 2015 – Now | Technical Deputy
Provincial health center
East Azerbaijan
Tabriz, Iran |
| Mar 2008 – Aug 2011 | Director of health research and information technology
East Azerbaijan Provincial health center
Tabriz, Iran |

- Oct 2003 – Mar 2008** Director of information technology
Tabriz University of Medical sciences
Tabriz, Iran
- Dec 1998 – Oct 2003** Research and Evaluation coordinator
East Azerbaijan Provincial health center
Tabriz, Iran
- Apr 2001 – Feb 2003** Tutor for Management Effectiveness Program
East Azerbaijan Provincial health center
Tabriz, Iran
- May 1996 – Dec 1998** Director of diseases control department
Tabriz health center
Tabriz, Iran
- Aug 1994 – May 1996** Head of rural health center
Tabriz health center
Tabriz, Iran

Publications

Books:

1. Farahbakhsh M, Kousha A, Zakeri A. The trends of east Azerbaijan primary health care indicators. Elvin Publication. Tabriz, 2011
2. Tabrizi JS, Afsharnia F, Farahbakhsh M, ... Improving quality of maternity care. Elvin Publication. Tabriz, 2011.
3. Tabrizi JS, Farahbakhsh M, Abdoli Oskouei Sh. Clinical Audit. Elvin Publication. Tabriz, 2012.
4. Tabrizi JS, Zarea Gavvani V, Farahbakhsh M. Patient and public involvement. Elvin Publication. Tabriz, 2012.
5. Farahbakhsh M. Drugs, driving and traffic safety. Shirdel Publication. Tabriz, 2018.

Papers:

1. Farahbakhsh M, Shaghaghi A, Nikniaz A, Malekafzali H. Environmental health in North-West area of Tabriz. Medical Journal of Tabriz university of medical sciences and health services.2003; sup 59:106 – 109
2. Alizadeh M, Nikniaz A, Shaghaghi A, Farahbakhsh M. Prenatal care in women of Northwest region of Tabriz. Medical Journal of Tabriz university of medical sciences and health services.2003; sup 59:95 – 99
3. Nikniaz A, Shaghaghi A, Farahbakhsh M, Alizadeh M, Barzegar M. Assessment of health care facilities for children under 6 years old in Northwest region of Tabriz. Medical Journal of Tabriz university of medical sciences and health services.2003; sup 59:120 – 123
4. Shaghaghi A, Farahbakhsh M, Alizadeh M, Nikniaz A, Malekafzali H. Utilization of family planning services by population of North-West of Tabriz. Medical Journal of Tabriz university of medical sciences and health services.2003; sup 59:64 – 67
5. Alireza Nikniaz, Mustafa Farahbakhsh, Kazem Ashjaei, Jafarsadegh Tabrizi, Homayoun Sadeghi-Bazargani and Akram Zakeri – Maternity and Child Health Care Services Delivered by Public Health Centers Compared to Health Cooperatives: Iran's Experience. Journal of Medical Sciences 2006; 6 (3): 352-358.
6. M. Farahbakhsh, S. Fozounkhah, H. Sadeghi-Bazargani, A. Zakeri, N. Houshiyan, N. Asmani and A. Naghili – The Study of Health Information System Performance from Managers and Experts' Viewpoints. Information Technology Journal 2007; 6 (2): 227-231.
7. Seyffarshad M, Kousha A, Pourdowlati S, Karamouz M, Farahbakhsh M, Hakimi S, Sadeghi Bazargani H. Cardiac risk factor analysis in east Azerbaijan, IRAN. The cardiology 2007;3(1):1 – 4.
8. Nikniaz A, Farahbakhsh M, Tabrizi J, Ashjaei K, Abdolahi H, Zakeri A, Sadeghi Bazargani H. Comparing the Personal Satisfaction and Management Style between Cooperative and Public Health Centers. Medical Journal of Tabriz University of Medical Sciences and Health Services 2007;29(2):139-146.
9. Farahbakhsh M, Fozoonkhah SH. Routine Health information system in Tabriz University of Medical Sciences. Health Information Management 2008; 5(2): 131-138 [Article in Persian].
10. Farahbakhsh M, Nikniaz A, Tabrizi J, Jahanbin H, Abdolahi H, Zakeri A. Comparison of government and cooperative health centers with regard to services and health cares. Sjsph. 2007; 5 (2) :1-11
11. Farahbakhsh M, Zakeri A, khodae N. Health information system in the district health center, Tabriz. Sjsph. 2009; 6 (3 and 4) :1-10
12. Nikniaz A, Farahbakhsh M, Tabrizi J.S. J, Farahi Shahgoli J, Hasanzade A, Jahanbin H. A comparison among private health cooperatives and governmental health centers on non-contagious diseases care and patients, satisfaction (Tabriz 2001). Journal of Health Administration. 2006; 9 (23) :7-16
13. Farahbakhsh M, Fozoonkhah S, Hasanzade A, Houshian E, Khodaii N, Asemani N. Health information system: Health administrators and experts' programs' points of views -Tabriz University of Medical Sciences (2003). Journal of Health Administration. 2007; 9 (26) :15-22

14. Farahbakhsh M, Tabrizi J S, Nikniaz A. The Use of FOCUS-PDCA in Primary Health Care Performance Improvement: Case Study of East Azerbaijan Health Centers. *Hakim* 2010; 13 (1) :40-48
15. Farahbakhsh M. Usage of control charts in monitoring primary health care performance. *sjsph*. 2010; 8 (1) :1-12
16. Ahmad Koosha, Mostafa Farahbakhsh, Sevil Hakimi, Leila Abdolahi, Mahrad Golzari, Mehran Seyf Farshad . Epidemiologic Assessment of Cancer Disease in East Azerbaijan 2007. *Medical Journal of Tabriz University of Medical Sciences and Health Services* 2010;32(4):74-79
17. Farahbakhsh M, Nikniaz A R, Tajaddini N, Entezar S, Hasanzade A R. Comparing Total Quality Management (TQM) and Management Effectiveness Program (MEP) in Improving of Health Facilities Management. *Journal of Health Administration*. 2011; 13 (42) :35-44
18. Mostafa Farahbakhsh, Akram Zakery, Majid Karamouz, Khadije Valizade. Calculation of Life Expectancy and DALE in East Azerbaijan in 2007. *Medical Journal of Tabriz University of Medical Sciences and Health Services* 2011;33(5):66-70
19. Mustafa Farahbakhsh, Alireza Nikniaz, Akram Zakeri. Assessment of health data management in primary health care of East Azerbaijan. *jhm* 2010;2(1-2):51-58
20. Farahbakhsh M, Koosha A, Zakery A, Valizadeh K. Determination of Burden of Common Diseases in East Azerbaijan, 2007. *Med J Tabriz Uni Med Sciences Health Services*. 2012;34(1):81-87
21. Farahbakhsh M, Nikniaz A, Sadegh-Tabrizi J, Zakeri A. Comparing performance of public and cooperative health centers. *Zahedan J Res Med Sci (ZJRMS)* 2012; 14(2):117-121
22. Hakimi S, Farahbakhsh M, Kousha A, Zakeri A, Valizadeh K. Women's burden of disease and injuries in east Azerbaijan. *Zahedan J Res Med Sci (ZJRMS)* 2012; 14(10): 79-81.
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24. Farahbakhsh M, Sadeghi-Bazargani H, Nikniaz AR, Tabrizi JS, Zakeri A, Azami S. Iran's Experience of Health Cooperatives as a Public-Private Partnership Model in Primary Health Care: A Comparative Study in East Azerbaijan. *Health Promotion Perspectives* 2012; 2(2): 287-298.
25. Jafar sadegh Tabrizi, Kamal Gholipoor, Mohammad Asghari jafarabadi, Mostafa Farahbakhsh, Mojtaba Mohammadzede. Customer quality and maternity care in Tabriz urban health centers and health posts. *J Clin Res Gov* 2012; 1:12-15
26. Saeid Pour Doulati, Ahmad Kousha, Simin Khayatadeh, Mostafa Farahbakhsh, Jafar Sadegh Tabrizi. Presentation of a Management Practice with Public-Private Cooperation in TB-DOTS in Tabriz, Iran. *European Journal of Scientific Research* 2013;109(2):329-341
27. Shokoufe Bagheri, Ali Janati, Ahmad Kousha, Homayoun Sadeghi-Bazargani, Mohammad Asghari-Jafarabadi, Mostafa Farahbakhsh. Job Satisfaction Differences between Primary Health Care and Treatment Sectors: An Experience from Iran. *Health Promotion Perspectives* 2013; 3(1): 90-101

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29. Farahbakhsh Mostafa, Nikniaz Alireza, Mardi Ahmad, Hasan Zade Alireza, Entezar Samad. The utilizing of control chart in customer satisfaction score monitoring in a hospital. *Hospital* 2013;12(1):9 – 17
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32. Seyyed Gholamreza Nourazar, Mohammad Rahim Kakaie, Fatemeh Ranjbar, Homayoun Sadeghi-Bazargani, Mostafa Farahbakhsh. Prevalence of child abuse in child and adolescent clinical population referred to psychiatric facilities in Tabriz University of Medical Sciences, Iran. *J Anal Res Clin Med* 2014; 2(3): 87-93.
33. Leila R Kalankesh, Mostafa Farahbakhsh, Niloofar Rahimi. Data Content and Exchange in General Practice: A Review. *Med Arh* 2014; 68(6): 414-418
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55. Farahbakhsh M. A Brief Study of Variation Theory in Quality Management.

- Depiction of Health 2016; 7(1): 71-77.
56. Tabrizi JS, Sadeghi-Bazargani H, Farahbakhsh M, Nikniaz L, Nikniaz Z (2016) Prevalence and Associated Factors of Prehypertension and Hypertension in Iranian Population: The Lifestyle Promotion Project (LPP). PLoS ONE 11(10): e0165264. doi: 10.1371/journal.pone.0165264
 57. Leila Ranandeh Kalankesh, **Mostafa Farahbakhsh**, Rebecca Fein, Nazila Moftian, Zahra Nasiry. Exploring complexity of deliberate self-poisoning through network analysis. *Psychiatry Journal* 2017; Article ID 3619721, <https://doi.org/10.1155/2017/3619721>
 58. Jafar Sadegh Tabrizi, Leila Nikniaz, Homayoun Sadeghi-Bazargani, **Mostafa Farahbakhsh**, Zeinab Nikniaz. Determinants of the food safety knowledge and practice among Iranian consumers: A population-based study from northwest of Iran. *British Food Journal* 2017;119(2):357 – 365. DOI: <http://dx.doi.org/10.1108/BFJ-08-2016-0347>
 59. Hourieh Badali Haghi, Sevil Hakimi, Mojgan Mirghafourvand, Sakineh Mohammad-Alizadeh Charandabi, Mostafa Farahbakhsh. Comparison of Quality of Life Between Urban and Rural Menopause Women and its Predictors: A Population Base Study. *International Journal of Women's Health and Reproduction Sciences* 2017;5(2): 137–142
 60. Leila Nikniaz, Jafarsadegh Tabrizi, Homayoun Sadeghi-Bazargani, Mostafa Farahbakhsh, Sanaz Tahmasebi, Soheila Noroozi. Reliability and relative validity of short-food frequency questionnaire. *British Food Journal* 2017;119(6): 1337-1348, doi: 10.1108/BFJ-09-2016-0415
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 62. Leila Nikniaz, Jafar S. Tabrizi, Homayoun Sadeghi-Bazargani, Mostafa Farahbakhsh, Zeinab Nikniaz. Food insecurity increases the odds of obesity among Iranian women: A population-based study of northwestern Iran. *Nutrition & Dietetics* 2017; DOI: 10.1111/1747-0080.12356
 63. Jafar Sadegh Tabrizi · Mostafa Farahbakhsh · Shabnam Iezadi · Alireza Mahboub Ahari. Design and implementation of pay-for-quality in primary healthcare. *Australasian Medical Journal* 2017;10(6):449-459.
 64. Leila Nikniaz, Zeinab Nikniaz, Jafar Sadegh Tabrizi, Homayoun Sadeghi-Bazargani, Mostafa Farahbakhsh. Correlates and pattern of physical activity among urban and suburban Iranian adults: a population-based study. *Sport Sci Health* (2017). <https://doi.org/10.1007/s11332-017-0390-5>
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 78. Jafar Sadegh TABRIZI, Homayoun SADEGHI-BAZARGANI, Mostafa

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 83. Ramin Rezapour, Jafar Sadegh Tabrizi, Mostafa Farahbakhsh, Mohammad Saadati, Hossein Mashhadi Abdolahi. Developing Iranian primary health care quality framework: a national study. *BMC Public Health* (2019) 19:911
 84. Solmaz Azimzadeh, Jafar Sadegh Tabrizi, Shirin Nosratnejad, Mostafa Farahbakhsh, Saber Azami Aghdash, Hossein Mashhadi Abdolahi. Effective Factors of Utilization of Inpatient, Outpatient, Diagnostic, and Pharmaceutical Health Services: A Systematic Review. *GMJ*.2019;8:e1236
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 86. Hojatolah Gharaee, Jafar Sadegh Tabrizi, Saber Azami-Aghdash, Mostafa Farahbakhsh, Majid Karamouz, Shirin Nosratnejad. Analysis of Public-Private Partnership in Providing Primary Health Care Policy: An Experience from Iran. *Journal of Primary Care & Community Health* 2019;10: 1–17
 87. Sepideh Herizchi, Habibeh Barzegar, Shahrokh Amiri, Ali Fakhari, Homayoun Sadeghi-Bazargani, Seyed Gholamreza Noorazar, Mostafa Farahbakhsh*, Mostafa Ghaneei. Reliability and validity of Azeri Turkish version of geriatric depression scale. *Health Promotion Perspectives*, 2020, 10(1), 74-79. doi: 10.15171/hpp.2020.12
 88. Ali Fakhari, Mostafa Farahbakhsh, Hosein Azizi, Elham Davtalab Esmaili, Mohammad Mirzapour, Vahab Asl Rahimi, Leila Hashemi, Saber Gaffarifam, Early Marriage and Negative Life Events Affect on Depression in Young Adults and Adolescents. *Arch Iran Med*. February 2020;23(2):90-98
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Research Projects

- Review of prioritizing approaches in health system
- Design of quality based accreditation model for health centers
- Descriptive study of health information management
- Comparing performance of cooperative and public health centers
- Study of health complex effectiveness
- Design of mental health accreditation
- Definition of PHC performance indicators

Workshops

- Health system research
- Health system
- The chronic care model
- Self-care
- Health information management
- FOCUS PDCA
- Quality control
- Strategic planning

Member of research centers

- Research center of Psychiatry and behavioral sciences
- Tabriz Health services management research center
- Road traffic injury research center

Research interests

- Community mental health
- Mental health and traffic accidents
- Burden of mental disorders