

Curriculum Vitae

• Personal History

Name: Sara Farhang
Date of birth: 03-06-1979
Marital status: Married

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• Educational History

a. Education (Academic Preparation)

Major	Degree	University	City	Country	Year	
					From	To
Medicine	MD	Tabriz university of medical sciences	Tabriz	Iran	1998	2005
Psychiatry		TUoMS	Tabriz	Iran	2009	2013
Cognitive neurosciences /clinical epidemiology	PhD	Rijksuniversiteit Groningen	Groningen	The Netherlands	2017	ongoing

• Theses

Title of thesis	Degree	Supervisor(s)
The practice and Side effects of IVIG in neuroimmunological disorders	MD	Prof. Ali Pashapour
Gene expression pattern in brain tissue of animal model of depression	Psychiatry	Prof. Alireza Farnam

• Professional History

Type of Service	Place	Year
General practitioner	Rural clinics, Jolfa district	2005-2007
Research administrator	Liver and Gastrointestinal Diseases Research center	2006-9
Psychiatrist	Tabriz university of medical sciences	2013-present
Consultant psychiatrist	Sina Hopital, Tabriz	2014-present
Focal point of East Azerbaijan province for cancer registry	Tabriz university of medical sciences	2013- 2015
Assistant professor	Tabriz university of medical sciences, department of psychiatry	2015-ongoing
Head of female inpatient ward	Razi (psychiatric) hospital	2015-ongoing

Head, group for research planning and evaluation/ vice-chancellor of research and technology/TUoMS	Tabriz university of medical sciences	2018-ongoing
Focal point of East Azerbaijan province for registry of schizophrenia spectrum disorders	Tabriz university of medical sciences	2016-ongoing
Ethical committee/member	Tabriz university of medical sciences	2019-ongoing
Forensic committee/ member	East Azerbaijan province	2017-ongoing
Leading board for diseases registry programs/member	Tabriz university of medical sciences	2015-ongoing
Work group for culture-based development of psychiatry and psychology	Tabriz university of medical sciences	2016-ongoing
Review board of several scientific journals/member	Hepatitis monthly, psychiatric diseases and treatment/ JARCM/ J pharmaceutical sciences/ Bioimpacts/ J family violence/ Health promotion perspectives/ Iranian J pediatrics/ Iranian J psychiatry/etc	2006-ongoing

• **Honors and Awards**

Award	Place	Awarding body	Year
The best student research article	Tabriz, Iran	Medical Universities	2002
The best management of vaccination in rural area	Tabriz, Iran	Province Health Center	2004
The best management of death registry by reason	Tabriz, Iran	Province Health Center	2004
The 3 rd best oral presentation	Tehran, Iran	DDRC	2006
Early Career Psychiatrists Fellowship Program, World psychiatric association, thematic conference 2011	Istanbul, Turkey	World psychiatric association	2011
International Travel Fellowship Award, The Society of Biological Psychiatry's	US	The Society of Biological Psychiatry's	2012
Early Career Psychiatrists Fellowship Program, World psychiatric association, conference 2012	Prague, Czech republic	World psychiatric association	2013
Early Career Psychiatrists Fellowship Program, World psychiatric association, annual conference 2014	Istanbul, Turkey	World psychiatric association	2014
Davidian Prize for young psychiatrists	Tehran, Iran	Iranian psychiatric association	2017

- **Teaching experience**

	Site	For	Year
Disaster management/crisis intervention	Tabriz university of medical sciences	Medical students	2013-ongoing
Counseling for HIV/AIDS	Tabriz university of medical sciences, ministry of health	HIV/AIDS counselors	2013
Several topics about Psychiatric disorders (CME credits)	Tabriz university of medical sciences	General practitioners, medical students, resident of psychiatry	2014-ongoing

- **Membership in Professional Associations and societies (Professional Memberships)**

Name of Association	Site of association	Year
Iranian psychiatric association	Iran	2013-present
Research center for psychiatry and behavioral sciences	Iran	2013-present

- **Attending in seminars, workshops, etc.**

Title of seminar, workshop, etc.	Duration	Place	Year
Epi- Info	32	Tabriz	2003
Article writing	32 hours	Tabriz	2004
Strategic Planning	20	Tabriz	2004
Research methods	24	Tabriz	2004
HSR	24	Tabriz	2004
SPSS	30	Tabriz	2004
Planning Techniques	16	Tabriz	2004
Maintenance treatment of opioid with agonists medications	50	Tabriz	2007
Systematic review (Cochrane collaboration)	24	Tehran	2007
Trainers of HIV/AIDS consultants	120	Tehran	2013
Community mental health	120	Tehran	2014
Refworks	24	Groningen	2018

- **Publications:**

Title	Journal name	Year
Gastrointestinal cancer occurrence in East Azerbaijan: a five year study from North Western Iran.	Asian pacific journal for cancer prevention	2006

Cancer in East Azerbaijan, Iran: results of a population-based cancer registry.	Asian pacific journal for cancer prevention	2008
Gastrointestinal cancer incidence in East Azerbaijan, Iran: update on 5 year incidence and trends.	Asian pacific journal for cancer prevention	2014
Effectiveness of Fluoxetine on various subtypes of obsessive-compulsive disorder.	Achieves of Iranian medicine	2008
High prevalence of depression among Iranian patients with first onset pseudoseizure	Indian journal of psychiatry	2008
Double-blind controlled trial of venlafaxine for treatment of adults with attention deficit/hyperactivity disorder.	Human psychopharmacology	2012
Delusional disorder: clinical and demographic features and outcome	Shiraz medical e journal	2010
Functional constipation in children: does maternal personality matter?	Italian journal of pediatrics	2009
Personality factors and profiles in variants of irritable bowel syndrome.	World journal gastroenterology	2007
Five personality dimensions in patients with irritable bowel syndrome.	Neuropsychiatric disease and treatment	2008
The five factor model of personality in mixed anxiety-depressive disorder and effect on therapeutic response	Asian journal of psychiatry	2011
The therapeutic effect of adding emotional awareness training to standard medical treatment for irritable bowel syndrome: a randomized clinical trial.	Journal of psychiatric practice	2014
Planning Genomic Study in an Animal Model of Depression: a Preliminary Report	BioImpacts	2011
Psychosocial disabilities in patients with schizophrenia.	Iranian journal of public health	2012
The short term effect of nicotine abstinence on visuospatial working memory in smoking patients with schizophrenia.	Nordic journal of psychiatry	2013
Affective reactivity of speech in patients with schizophrenia and their non-schizophrenic relatives.	Nordic journal of psychiatry	2013
Risk factors of HCV seroconversion in hemodialysis patients in Tabriz, iran.	Hepatitis Monthly	2014
Saffron aqueous extract prevents metabolic syndrome in patients with schizophrenia on olanzapine treatment: a randomized triple blind placebo controlled study.	pharmacopsychiatry	2014
Asymmetrical expression of BDNF and NTRK3 genes in frontoparietal cortex of stress-resilient rats in an animal model of depression.	synapse	2014

Investigation on serum hormonal parameters (ghrelin, corticosterone, insulin, T3and T4) in chronic mild stress rat model of depression	Kafkas Universitesi Veteriner Fakultesi Dergisi	2014
Impact of tumor length on survival for patients with resected esophageal cancer.	Asian pacific journal for cancer prevention	2014
Gastrointestinal cancer incidence in East Azerbaijan, Iran: update on 5 year incidence and trends.	Asian pacific journal for cancer prevention	2015
Safety evaluation of saffron stigma (Crocus sativus L.) aqueous extract and crocin in patients with schizophrenia.	Avicenna J Phytomedicine	2015
Self-inflicted needle injuries to the eye: a curing pain.	Case reports in psychiatry	2015
The Relationship between Anger Expression and Its Indices and Oral Lichen Planus.	Chonnam Med J	2016
Comorbid Psychiatric Disorders in Children and Adolescents with Nocturnal Enuresis.	Urology journal	2017
A Randomized Trial of Comparing the Efficacy of Two Neurofeedback Protocols for Treatment of Clinical and Cognitive Symptoms of ADHD: Theta Suppression/Beta Enhancement and Theta Suppression/Alpha Enhancement.	Biomed Res Int	2017
Mental health survey of adult population in Kermanshah County, 2015: Preliminary report.	Asian journal of psychiatry	2017
A call for routine outcome monitoring in Iran	JARCM	2017
Risk factors for autistic disorder: A case-control study	Iranian Journal of Pediatrics	2019
Psychometric Properties of HITS Screening Tool (Hurt, Insult, Threaten, Scream) in Detecting Intimate Partner Violence in Iranian Women	Shiraz medical E journal	2020
Mental health status among female sex workers in Tabriz, Iran	Archives of women's mental health	2019
An epidemiological survey of psychiatric disorders in Iran: Kermanshah	Asian journal of psychiatry	2019
Cohort Profile: The AZAR cohort, a health-oriented research model in areas of major environmental change in Central Asia	Int J Edpidemiology	2019
Virtual social networks and mental health intervention for medical staff during the COVID-19 outbreak in the Islamic Republic of Iran	Eastern Mediterranean health journal	2020
Evaluation of comorbid psychiatric disorders in patients with primary brain tumors before and after surgery	Neurology, Psychiatry and Brain Research	2020
Prevalence of drug use, alcohol consumption, cigarette smoking and measure of socioeconomic-related inequalities of drug use among Iranian people: findings from a national survey	Substance Abuse Treatment, Prevention, and Policy	2020

- **Presentations**

Title of Article	Congress	Place	Type of Presentation	Year
Effectiveness of Fluoxetine on different clinical subtypes of obsessive-compulsive disorder	16th AEP	Paris/France	Poster	2008
The five factor model of personality in mothers of children with functional constipation	Congress of Iranian psychiatric association	Tehran	Oral	2009
Family violence influences mental health of school girls in Iran	WPA thematic conference	Istanbul/Turkey	Poster	2011
The five factor model of personality in mixed anxiety-depressive disorder and effect on therapeutic response	WPA thematic conference	Istanbul/Turkey	Poster	2011
Irritable bowel syndrome: Alexithymia and therapeutic effect of emotional awareness	WPA thematic conference	Istanbul/Turkey	Poster	2011
Psychiatric considerations in viral hepatitis	International symposium of advances in hepatitis	Tabriz/Iran	Oral	2012
Asymmetrical expression of BDNF and NTRK3 genes in frontoparietal cortex of stress-resilient rats in an animal model of depression.	WPA annual conference	Prague/Czech republic	Oral	2013
q-EEG in psychiatry	6 th congress of Iranian association for child and adolescent psychiatry	Tabriz/Iran	Oral	2013
Neurobiology of emotions	Congress of Iranian psychiatric association	Tehran/Iran	Oral	2014
Transcranial current direct stimulation in psychiatry	Congress of Iranian psychiatric association	Tehran/Iran	Oral	2016
Azeri recent onset acute phase psychosis survey	7th ENMESH	The Netherlands	poster	2017

HERAPEUTIC EFFECT OF TRANSCRANIAL DIRECT CURRENT STIMULATION ON WORKING MEMORY OF PATIENTS WITH RECENT ONSET SCHIZOPHRENIA: A RANDOMIZED CONTROLLED STUDY	SIRS 2020	Italy	Poster	2020
ARAS COHORT: RELIMINARY REPORTS FROM AN OBSERVATIONAL COHORT OF FIRST EPISODE PSYCHOSIS IN IRAN	SIRS 2020	Italy	Poster	2020

- **International projects**

Topic	Collaborating country	Duration
Epidemiology of common non-communicable disorders	Netherlands	2018-ongoing
Cognitive neurosciences/dementia	Turkey	2018-2019
Psychotic disorders	Netherlands	2017-ongoing
Psychotic disorders/ autistic disorders	Denmark	2018-2019
Social psychiatry	Netherlands	2019-ongoing

- **Skills:**

- Cognitive behavioral therapy.
- Crisis intervention for disasters
- Handling small animals, mice and rats, for imaging applications, surgical procedures and Tumor irradiation.
- Quantitative PCR, Real-Time PCR.
- PC-based software, SPSS, Reference manager, Endnote, RefWorks.

- **Professional Interests**

- Psychotic disorders
- Molecular basis of mental disorders
- Disease registry