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Khalil Ansarin, MD, FCCP

Professor of medicine

Tabriz University of Medical Sciences

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Graduate Education:

Nov 2000-Feb 2002 Fellowship in **Sleep Medicine**

University of Mississippi Medical Center,
Jackson, MS

April 99-June 99

Fellowship in **Toronto Lung Transplant Program**,
Division of **Respiratory Medicine**, University of Toronto,
Canada

1978-1980

Fellowship in **Pulmonary Medicine**
Tulane University
New Orleans, Louisiana, U.S.A.

1976-1978

Residency in **Internal Medicine**
Mercy Hospital and Medical Center
University of Illinois, Chicago, Illinois, U.S.A.

1975-1976

Internship in **Internal Medicine**
Columbus-Cuneo-Cabrini Medical Center
Northwestern University, Chicago, Illinois, U.S.A.

Undergraduate Medical Education:

1967-1974

School of Medicine (**M.D.**)
Tabriz University, Tabriz, Iran

American Board Certification:

- **American Board of Internal Medicine, Sleep Medicine subspecialty exam, 2007**
- **American Board of Internal Medicine Subspecialty exam in Pulmonary Disease 1984**
- **American Board of Internal Medicine 1980**

Practice:

- Feb 02-April 03 **Internal Medicine, Pulmonary, Critical Care, and Sleep Medicine**, VA Medical Center, Associate Prof. of Medicine, Southern Illinois University, Marion, Illinois
- Nov 99-Dec. 99 Visiting Clinician in **Critical Care Medicine and Post-transplant ICU, Mayo Clinic**, Rochester, Minnesota
- Sept. 97- Oct 99 Clinical Research on **non-invasive assessment of airway inflammation, Division of Respiratory Medicine** and observing clinician in **Sleep medicine, University of Toronto** Canada
- July 81-present **Assistant/Associate/Professor of Medicine, Tabriz University of Medical Sciences, Tabriz, Iran** and Attending physician in Internal Medicine/ICU/Pulmonary **Medicine**, Director, Division of Pulmonary and Critical Care Medicine, **Hospitals of Tabriz University of Medical Sciences, Tabriz, Iran**
- 1987-2011 A members of **Iranian Board of Internal Medicine and Pulmonary / Critical Care Medicine**
- 1994 -1997 **Director**, Iranian Board of Pulmonary & Critical Care Medicine

Licenses: **Illinois, Michigan, Louisiana, Mississippi**

Other certification:

FLEX – 1976

ECFMG – 1973

Memberships: **Fellow: American College of Chest Physicians**

Member: American College of Physician

Leadership in Organizations:

American College of Chest Physicians: *Governor for Iran Chapter 1996-2000 and Regent for Iran chapter. since 2007*

Awards: **2nd Clinical award of Razi in 1982, ACCP 2005 Best Poster Award**

Personal: **Date of Birth: 1949 in Tabriz, Iran, Married with children**

PUBLICATIONS:

1. Ansarin K, Niroomand B, Najafipour F, Aghamohammadzadeh N, Niafar M, Sharifi A, Shoja MM. End-tidal CO₂ levels lower in subclinical and overt hypothyroidism than healthy controls; no relationship to thyroid function tests. Volume 2011:4 Pages 29 – 33
2. Ansarin K, Abedi S, Ghotaslou R, Soroush MH, Ghabili K, Chapman, KR. Infection with *Mycoplasma pneumoniae* is not related to asthma control, asthma severity, and location of airway obstruction. 2010. Volume 2011:4 Pages 1 – 4
3. Ansarin K, Babil AS, Ghabili K, Shoja MM, Khosroshahi HT, Hajipour B, Tubbs RS, Parvizi M. Are Doppler ultrasonography parameters symmetric between the right and left kidney? *Int J Gen Med*. 2010 Nov 16;3:371-3
4. Shoja MM, Tubbs RS, Shokouhi G, Loukas M, Ghabili K, Ansarin K. The potential role of carbon dioxide in the neuroimmunoendocrine changes following cerebral ischemia. *Life Sci*. 2008 Sep 12;83(11-12):381-7
5. Ghabili K, Agutter PS, Ghanei M, Ansarin K, Shoja MM. Mustard gas toxicity: the acute and chronic pathological effects. *J Appl Toxicol*. 2010 ;30(7):627-43.
6. Sadeghi-Shanbestari M, Ansarin K, Maljaei SH, Rafeey M, Pezeshki Z, Kousha A, Baradaran R, Casanova JL, Feinberg J, de Villartay JP. Immunologic aspects of patients with disseminated bacille Calmette-Guerin disease in north-west of Iran. *Ital J Pediatr*. 2009. 2009 Dec 23;35:42.
7. Mikaeilli H, Zarghami N, Yazdchi M, Mardani M, Ansarin K. On-admission level of serum d-dimer and the severity of community-acquired pneumonia. *Pak J Biol Sci*. 2009 Mar 15;12(6):514-7
8. Yaghoubi AR, Ansarin K, Hashemzadeh S, Azhough R, Faraji S, Bozorgi F. Tako-tsubo cardiomyopathy induced by emotional stress leading to severe mitral regurgitation, cardiogenic shock and cardiopulmonary arrest. *Int J Cardiol*. 2009 Jul 10;135(3):e85-6
9. Alani B, Zarghami N, Ansarin, K, Rafati N, and Mohajery A. 2007. Comparison of specificity and sensitivity of tumor markers of telomerase enzyme, parathyroid hormone, carcinoembryonic antigen, and cyfra21-1 in diagnosis of lung cancer. *Feiz Periodical*. 11(2) 22-28.
10. Shoja MM, Tubbs RS, Jamshidi M, Shokouhi G, Ansarin K. Lateralization of the respiratory control following unilateral cerebral ischemia-reperfusion injury. *Respir Physiol Neurobiol*. 2008 Feb 1;160(2):204-7

11. Shoja MM, Tubbs RS, Ansarin K. The role of myoendothelial gap junctions in the formation of arterial aneurysms: the hypothesis of "connexin 43:40 stoichiometry". *Med Hypotheses*. 2007;69(3):575-9
12. Shoja MM, Tubbs RS, Ansarin K. Nasogastric versus trigemino-cardiac reflex: Two sides of a coin. *Med Hypotheses*. 2008;70(1):205-6
13. Jabbarpourbonyadi M, Omrani O, Bilan N, Ansarin K, Rafiei M, Kazeminasab S. 2007. Investigation of exon 10 and its introns in CFTR gene in patients with cystic fibrosis diagnosed in East Azarbaydjan using PCR-SSCP technique. Accepted to be published in *J of Tabriz University of Medical Sciences*
14. Ghabili K, Shoja MM, Tubbs RS, Rahimi-Ardabili B, Ansarin K. Sonocarcinogenesis: loud noise may cause malignant transformation of cells. *Med Hypotheses*. 2007;69(5):1156-7
15. Shoja MM, Tubbs RS, Ansarin K, Varshochi M, Farahani RM. The theory of cycling antibiotic resistance. *Med Hypotheses*. 2007;69(2):467-8
16. Mahmoudalilou M, Ansarin K, Ghareghozlou. 2007. Relationship between psychotic dependence characteristics of patients with asthma. Accepted to be published in *J of Tabriz University of Medical Sciences*
17. Shoja MM, Tubbs RS, Ansarin K. A cure for infatuation?: the potential 'therapeutic' role of pineal gland products such as melatonin and vasotocin in attenuating romantic love. *Med Hypotheses*. 2007;68(5):1172-3
18. Shoja MM, Tubbs RS, Ansarin K, Farahani RM. Proposal for the existence of a nasogastric reflex in humans, as a potential cause of upper gastrointestinal symptoms. *Med Hypotheses*. 2007;69(2):346-8
19. Seyedrezazadeh E, Ostadrahimi AR, Mahboob SA, Assadi Y, Ansarin K, Shakoori P, Pourmoghaddam M. 2006. Vitamin E-Selenium supplementation and clinical responses of active pulmonary tuberculosis. *Tanaffos*, 5(2): 49-55
20. Noshad H, Ansarin K, Ardalan MR, Ghaffari AR, Safa J, Nezami N. Respiratory failure in organophosphate insecticide poisoning. *Saudi Med J*. 2007 Mar;28(3):405-7
21. Ansarin K, Shabanpour J, Argani H, Airomlou H. 2005. Restless legs syndrome in patients with chronic renal failure is not related to serum ferritin or serum iron levels. *Chest* 2005
22. Ansarin K, Nobari Tabriz M, Toufan M, Ostadrahimi AR, Ghaemmaghani M, and Airomlou H. Relationship between body fat content and arterial oxygen tension in mild-moderate obesity. *Chest* 2005.
23. Ardalan MR, Ansarin K, Hejazi E, Nazemieh M, and Safa J. 2005. Aspergillosis after renal transplantation. *Saudi J Kidney Dis Transplant*, 16(3): 330-333

24. Baran AS, Richert AC, Douglass AB, May W, Ansarin K. Change in periodic limb movement index during treatment of obstructive sleep apnea with continuous positive airway pressure. *Sleep*. 2003 Sep;26(6):717-20
25. Ansarin K, Baran AS, Richert A, Jaffery A, 2002. Relationship between symptoms of gastroesophageal reflux disorder and parameters of sleep continuity. *J SLEEP* Vol25: A 498
26. Richert A, Ansarin K, Baran AS. Sleep apnea and hypertension: pathophysiologic mechanisms. *Semin Nephrol*. 2002 Jan;22(1):71-7
27. Baran AS, Richert AC, Ansarin K, Roffwarg HP, Halaris A. 2001. REM sleep suppression in patients with obstructive sleep apnea: effects of REM suppressing medication. *European Journal of Neuro-Psycho-Pharmacology*.
28. Ansarin K, Chatkin JM, Ferreira IM, Gutierrez CA, Zamel N, Chapman KR. Exhaled nitric oxide in chronic obstructive pulmonary disease: relationship to pulmonary function. *Eur Respir J*. 2001 May;17(5):934-8
29. Ansarin K, Zamel N, Chapman KR. Exhaled hydrogen peroxide is negatively related to annual reduction of FEV1 in patients with asthma and COPD. *Am J Respir Crit Care Med* 161, Abstracts May 2000.
30. Ansarin K, Zamel N, Chapman K R. 1999. Exhaled Nitric Oxide is not a reliable indicator of symptom control and quality of life in patients with asthma. *Chest* Volume 116(4): 294S.
31. Ansarin K, Ferreira I M, Zamel N, Chapman K R. 1999. ENO lability index is different in patients with asthma and COPD compared to healthy normal subjects. *Chest* Volume 116(4): 294S.
32. Chatkin J. M., K. Ansarin, P. E. Silkoff, P. McClean, C. Gutierrez, N. Zamel, K. R. Chapman. 1999. Exhaled nitric oxide as a noninvasive assessment of chronic cough. *Am J Respir Crit Care Med*. 159 :1810-1813
33. Silkoff PE, Wakita S, Chatkin J, Ansarin K, Gutierrez C, Caramori M, McClean P, Slutsky AS, Zamel N, Chapman KR. Exhaled nitric oxide after beta2-agonist inhalation and spirometry in asthma. *Am J Respir Crit Care Med*. 1999 Mar;159(3):940-4
34. Ansarin K, , Zamel N, Chapman KR. 1999. Exhaled nitric oxide in atopic and non-atopic subjects free of lower respiratory tract disease. *Am J Respir and Crit Care Med* 159; 3: A656.
35. Ansarin K, Chatkin JM, Zamel N, Chapman KR. 1999 Exhaled Nitric Oxide (ENO) in Patients with Chronic Obstructive Pulmonary Disease. *Am J Respir Crit Care Med* 159; 3: A477.

36. Ansarin K, Zamel N, Chapman KR. 1998. Exhaled hydrogen peroxide in patients with asthma and chronic obstructive pulmonary disease. *Chest* 114 (4) 360S.
37. Chatkin JM, Ansarin K, Silkoff PE, Gutierrez C, McClean P, Zamel N, Chapman KR. 1998. Non-invasive assessment of airway inflammation in chronic cough: Exhaled nitric oxide. *Chest* 114 (4) 360S.
38. Chatkin JM, Ansarin K, Silkoff PE, McClean P, Gutierrez C, Zamel N, Chapman KR. Exhaled nitric oxide as a noninvasive assessment of chronic cough. *Am J Respir Crit Care Med.* 1999 Jun;159(6):1810-3
39. Ansarin K, Chatkin JM, Ghiculete D, Zamel N, Chapman KR.. 1998. Exhaled Nitric Oxide (ENO) levels in patients with chronic obstructive pulmonary disease (COPD) . *Eur Respir J.* Vol 12:431S
40. Nader-Djalal N, Ansarin K. Hypopigmented skin lesions associated with atopic dermatitis in asthma. *J Asthma.* 1996;33(4):231-8
 Ansarin K. 1995. Accuracy of pulse oximeters. Presented in the 6th Iranian Congress of Internal Medicine
41. Ansarin, K., Rajai, M. A., Hosseinzadeh, R. 1995. Chronic granulomatous disease; Case report and review of literature. *Medical Journal of Tabriz University of Medical Sciences*
42. Ansarin K. 1994. Yearly reduction of FEV1 in persons exposed to Mustard gas. *European Respir J.* Vol. 7 Suppl. 18:374S
43. Ansarin, K., Namdari, A. 1994. FEV1 versus PEF for follow up of patients with chronic asthma. *European Respir J.* Vol. 7 Suppl. 18: 141S.
44. Ansarin, K., Djaddai S.H., 1993. Efficacy of three triple drug regimens in treatment of resistance tuberculosis. Presented in the 4th National Iranian Congress of Tuberculosis
45. Ansarin K, Nadjafiazar A. 1990. Diabetes and Tuberculosis: 1- variation of clinical findings. Presented in 1st Iranian Congress of Internal Medicine.
46. Ansarin, K.1990. Flow-volume curve changes 5 Years after Exposure to Mustard gas. Presented in the 16th Eastern Conference of IUAT, Beijing, China
47. Ansarin, K. Naderdjalal, N. 1990. Asthma, vitiligo, and steroid effect. Presented in the 16th Eastern Conference of IUAT. Beijing, China.
48. Ansarin, K., Bamedad Moghadam, M., 1989. Normal spirometric values in Iranian females of 10 - 60 years of age. Presented in part in the 2nd Annual Congress of Iranian Society of Internal Medicine

Citations: 259 + articles and books