**Sarvin Sanaie**

**Personal Information:**

**Nationality:** Iranian

**Date of Birth:** 1980.12.18

**Place of Birth:** Tabriz

**Material Status:** Married

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**Scientific Position:**

General Physician (MD)

PhD of nutrition

**Qualifications:**

• PhD degree of nutrition in Tabriz University of Medical Science, (2013)

• MD degree from Tabriz University of Medical Science, (2005)

• Getting diploma from SAMPAD (Sazmane Mellie Parvareshe Estedadhaye Derakhshan), (1998)

**Presentations:**

1. Nutrition in elderly. TBZMED. 2016
2. Effect of probiotic containing lactobacillus, bifidobacterium and streptococus thermophilus administration on inflammatory, coagulation and oxidative factors in critically ill patients with risk of sepsis. TBZMED. 2013
3. Workshop of medical nutrition therapy for obesity and underweight. TBZMED. 2011
4. Role of dietary supplements in cancer. 11th Iranian nutrition congress, Shiraz, Iran. 2010
5. Diagnostic value of Magnesium Loading Test in screening of magnesium deficiency in critically ill patients. TBZMED. 2010
6. Effects of Kefir on health. TBZMED. 2009
7. Glutamine and arginine in nutritional support of critically ill patients. TBZMED. 2009
8. Review of guidelines of ASPEN and ESPEN in the metabolic support of critically ill patients. TBZMED. 2009

**Publications:**

1. Mahmoodpoor A, Hamishehkar H, Hamidi M, Shadvar K, **Sanaie S**, Golzari SE, Khan ZH, Nader ND. A prospective randomized trial of tapered-cuff endotracheal tubes with intermittent subglottic suctioning in preventing ventilator-associated pneumonia in critically-ill patients. Journal of Critical Care. 2016 Nov 14.
2. Mahmoodpoor A, Hamishehkar H, Shadvar K, **Sanaie S**, Iranpour A, Fattahi V. Validity of bedside blood glucose measurement in critically ill patients with intensive insulin therapy. Indian Journal of Critical Care Medicine. 2016 Nov 1;20(11):653.
3. Saghaleini SH, Dehghan K, Shadvar K, Mahmoodpoor A, **Sanaie S**, Ostadi Z. Bedsore: Epidemiology; Risk Factors; Classification; Assessment Scales and Management. Archives of Anesthesiology and Critical Care. 2016 Aug 10;2(3):226-30.
4. Soleimanpour M, Imani F, Safari S, **Sanaie S**, Soleimanpour H, Ameli H, Alavian SM. The Role of Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) in the Treatment of Patients With Hepatic Disease: A Review Article. Anesthesiology and Pain Medicine. 2016 Aug 6(4):e37822.
5. Shadvar K, Ramezani F, **Sanaie S**, Maleki TE, Arbat BK, Nagipour B. Relationship between plasma level of vitamin D and post operative atrial fibrillation in patients undergoing CABG. Pakistan Journal of Medical Sciences. 2016 Jul-Aug;32(4):900-4.
6. Soleimanpour H, Safari S, Shahsavari Nia K, **Sanaie S**, Alavian SM. Opioid Drugs in Patients With Liver Disease: A Systematic Review. Hepatitis Monthly. 2016 Mar 6;16(4):e32636.
7. Mahmoodpoor A, Hamishehkar H, Shadvar K, Beigmohammadi M, Iranpour A, **Sanaie S**. Relationship between glycated hemoglobin, Intensive Care Unit admission blood sugar and glucose control with ICU mortality in critically ill patients. Indian Journal of Critical Care Medicine. 2016 Feb;20(2):67-71.
8. Mahmoodpoor A, Hamishehkar H, Beigmohammadi M, **Sanaie S**, Shadvar K, Soleimanpour H, Rahimi A, Safari S. Predisposing Factors for Hypoglycemia and Its Relation With Mortality in Critically Ill Patients Undergoing Insulin Therapy in an Intensive Care Unit. Anesthesiology and Pain Medicine. 2016 Jan 31;6(1):e33849.
9. Mahmoodpoor A, Najafi A, Afhami M, Mortazavi M, **Sanaie S**, Iranpour A, Fattahi V. Acute Respiratory Distress Syndrome: A Literature Review and Current Updates. Archives of Anesthesiology and Critical Care. 2015 Oct 3;1(1):27-33.
10. Mahmoodpoor A, **Sanaie S**, Golzari SE. Slow deadoptation of a strategy: Was tight glycemic control truly impractical?. Advances in Bioscience and Clinical Medicine. 2015 Jul 1;3(3):1-2.
11. **Sanaie S**, Mahmoodpoor A. High Caloric Diet for ALS Patients: High Fat, High Carbohydrate or High Protein. Advances in Bioscience and Clinical Medicine. 2015 Jan 10;3(1):2-3.
12. Parish M, Valiyi F, Hamishehkar H, **Sanaie S**, Asghari Jafarabadi M, Golzari SE, Mahmoodpoor A. The Effect of Omega-3 Fatty Acids on ARDS: A Randomized Double-Blind Study. Advanced pharmaceutical bulletin. 2014 Dec;4(Suppl 2):555-61.
13. Mahmoodpoor A, Golzari SE, **Sanaie S**. Early enteral nutrition and optimization of the energy with supplemental parenteral nutrition. International Journal of Surgery. 2014;12(4):365.
14. **Sanaie S**, Ebrahimi-Mameghani M, Hamishehkar H, Mojtahedzadeh M, Mahmoodpoor A. Effect of a multispecies probiotic on inflammatory markers in critically ill patients: A randomized, double-blind, placebo-controlled trial. Journal of research in medical sciences: the official journal of Isfahan University of Medical Sciences. 2014 Sep;19(9):827-33.
15. **Sanaie S**, Mahmoodpoor A, Golzari SE. Prophylactic use of a probiotic in the prevention of colic. JAMA Pediatrics. 2014 Aug;168(8):777-8.
16. **Sanaie S**. Clostridium Difficile and Fecal Microbial Transplant in Critically Ill Patients. Advances in Bioscience and Clinical Medicine. 2014 Jul 1;2(2):6-7.
17. Mahmoodpoor A, Golzari SE, **Sanaie S**, Kermani TA, Soleimanpour H. Optimizing Energy Supply by Parenteral Nutrition in the Critically-Ill: Muscle Weakness and its Monitoring. Emergency Medicine: Open Access. 2014 Jan 15;2014.
18. [Soheila Rezapour-Firouzi](http://www.sciencedirect.com/science/article/pii/S096522991300099X), [Seyed Rafie Arefhosseini](http://www.sciencedirect.com/science/article/pii/S096522991300099X), [Farhoudi Mehdi](http://www.sciencedirect.com/science/article/pii/S096522991300099X), [Ebrahimi-Mamaghani Mehrangiz](http://www.sciencedirect.com/science/article/pii/S096522991300099X), [Behzad Baradaran](http://www.sciencedirect.com/science/article/pii/S096522991300099X), [Elyar Sadeghihokmabad](http://www.sciencedirect.com/science/article/pii/S096522991300099X), [Somaiyeh Mostafaei](http://www.sciencedirect.com/science/article/pii/S096522991300099X), [Seyed Mohammad Bagher Fazljou](http://www.sciencedirect.com/science/article/pii/S096522991300099X), [Mohammad-ali Torbati](http://www.sciencedirect.com/science/article/pii/S096522991300099X), [**Sarvin Sanaie**](http://www.sciencedirect.com/science/article/pii/S096522991300099X)**,** [Fatemeh Zamani](http://www.sciencedirect.com/science/article/pii/S096522991300099X). Immunomodulatory and therapeutic effects of Hot-nature diet and co-supplemented hemp seed, evening primrose oils intervention in multiple sclerosis patients. **Complementary Therapies in Medicine.** 2013 Oct;21(5):473-80.
19. Mehrangiz Ebrahimi Mameghani, **Sarvin Sanaie,** Ata Mahmoodpoor, Hadi Hamishehkar. Effect of a probiotic preparation (VSL#3) in critically ill patients: A randomized, double-blind, placebo-controlled trial (Pilot Study). Pakistan Journal of Medical Sciences. 2013;23(2):490-4.
20. **Sarvin Sanaie,** Mehrangiz Ebrahimi-Mameghani, Ata Mahmoodpoor, Kamran Shadvar, Samad EJ Golzari. Effect of a Probiotic Preparation (VSL#3) on Cardiovascular Risk Parameters in Critically-Ill Patients. Journal of Cardiovascular and Thoracic Research. 2013, 5(2), 67-70.
21. Babaeian S, Ebrahimi-Mameghani M, Niafar M, **Sanaie S**. The Effect of Unsweetened Pomegranate Juice on Insulin Resistance, High Sensitivity C-Reactive Protein and Obesity among Type 2 Diabetes Patients. Journal of Ardabil University of Medical Sciences. 2013, 13(1), 7-15.
22. Rasooli S, Parish M, Mahmoodpoor A, Moslemi F, **Sanaie S**. Effect of Spinal Low Dose Bupivacaine-Sufentanyl for Cesarean Section in Preeclamptic Parturients on Neonatal Outcome. Shiraz-E-Medical Journal. 2009: 10: 201-8.
23. Kasra Karvandian, Ata Mahmoodpoor, Mohammadtaghi Beigmohammadi, **Sarvin** **Sanaie**.Complications and safety of Percutaneous Dilatational Tracheostomy with Griggs method comparing with surgical method: A prospective trial with six months follow up. Pakistan Journal of Medical Sciences. 2009; 25: 41-5.
24. [Rasooli S](http://www.ncbi.nlm.nih.gov/pubmed?term=Rasooli%20S%5BAuthor%5D&cauthor=true&cauthor_uid=18327382), [Moslemi F](http://www.ncbi.nlm.nih.gov/pubmed?term=Moslemi%20F%5BAuthor%5D&cauthor=true&cauthor_uid=18327382), [Parish M](http://www.ncbi.nlm.nih.gov/pubmed?term=Parish%20M%5BAuthor%5D&cauthor=true&cauthor_uid=18327382), [Mahmoodpoor A](http://www.ncbi.nlm.nih.gov/pubmed?term=Mahmoodpoor%20A%5BAuthor%5D&cauthor=true&cauthor_uid=18327382), [**Sanaie S**](http://www.ncbi.nlm.nih.gov/pubmed?term=Sanaie%20S%5BAuthor%5D&cauthor=true&cauthor_uid=18327382). Spinal anesthesia with minidose bupivacaine-fentanyl for cesarean section in preeclamptic parturients. Saudi Medical Journal. 2008;29(3):447-9.
25. Hoseinzade H, Mahmoodpoor A, Agamohammadi D, **Sanaie S**. Comparing the effect of stellate ganglion block with gabapentine on post mastectomy pain syndrome. Shiraz E-Medical journal. 2008; 9(2):88-96.
26. Masoud Parish, Ata Mahmoodpoor, **Sarvin Sanaie**. Validity of fasting blood sugar on the day of surgery compared with the preinduction blood glucose level in Type II diabetic patients. Pakistan Journal of Medical Sciences. April-June 2007 (Part-I), Volume 23, Number 2: 202-5.
27. Ali Reza Ostad Rahimi, Ata Mahmoodpoor, **Sarvin Sanaie**.The effect of high – calcium and high – potassium diet on grade I hypertension and high normal blood pressure. Pakistan Journal of Medical Sciences. July-September 2007,Volume 23, Number 4: 589-92.
28. [Parish M](http://www.ncbi.nlm.nih.gov/pubmed?term=Parish%20M%5BAuthor%5D&cauthor=true&cauthor_uid=21857591), [Mahmoodpoor A](http://www.ncbi.nlm.nih.gov/pubmed?term=Mahmoodpoor%20A%5BAuthor%5D&cauthor=true&cauthor_uid=21857591), [Rasuli S](http://www.ncbi.nlm.nih.gov/pubmed?term=Rasuli%20S%5BAuthor%5D&cauthor=true&cauthor_uid=21857591), [Asadnasab S](http://www.ncbi.nlm.nih.gov/pubmed?term=Asadnasab%20S%5BAuthor%5D&cauthor=true&cauthor_uid=21857591), [**Sanaie S**](http://www.ncbi.nlm.nih.gov/pubmed?term=Sanaie%20S%5BAuthor%5D&cauthor=true&cauthor_uid=21857591). **Comparison of recovery after anesthesia with remifentanil infusion versus halothane in children undergoing strabismus surgery. Neurosciences Journal. April 2007.** Volume 12, Number 2: 120-3.
29. Sohrab Negargar, Ata Mahmoudpour, Reza Taheri, **Sarvin Sanaie**. The relationship between cerebral oxygen saturation changes and Post operative neurologic complications in patients undergoing cardiac surgery. Pakistan Journal of Medical Sciences. April-June 2007 (Part-II), Volume 23, Number 3: 380-5.
30. Hamzeh Hoseinzade, Ata Mahmoodpoor, **Sarvin Sanaie**. Anesthetic management of a life-threatening stenosis of large airways in a patient with Wegener’s granulomatosis: A case report. Rawal Medical Journal. July-December 2007, Volume 32, Number 2.
31. Ata Mahmoudpour, Hamzeh Hoseinzadeh, Ali Peirovi far, **Sarvin Sanaie**. Awake tracheal intubation via intubating laryngeal mask vs. direct laryngoscopy and cervical spine excursion. Pakistan Journal of Medical Sciences. April-June 2007 (Part-I), Volume 23, Number 2: 238-41.
32. [M Parish](http://jmums.mazums.ac.ir/search.php?slc_lang=en&sid=1&auth=Parish), [A Mahmoodpoor](http://jmums.mazums.ac.ir/search.php?slc_lang=en&sid=1&auth=Mahmoodpoor), [N Gharahdaghi](http://jmums.mazums.ac.ir/search.php?slc_lang=en&sid=1&auth=Gharahdaghi) , [**S Sanaie**](http://jmums.mazums.ac.ir/search.php?slc_lang=en&sid=1&auth=Sanaie). Comparison of the priming dose of pancrunium and atracurium in adequate relaxation time for tracheal intubation. Journal of Mazandaran University of Medical Sciences. Khordad-Tir 1386, Volume 17, Number 58: 37-42.
33. Susan Rasooli, Masoud Parish, Ata Mahmoodpoor, Farnaz Moslemi, **Sarvin Sanaie**, Sara Faghfuri.The effect of intramuscular ephedrine in prevention of hypotension due to propofol. Pakistan Journal of Medical Sciences. October-December 2007 (Part-II), Volume 23, Number 6: 893-7.

**Printed abstracts:**

1. The effect of omega-3 fatty acids on ARDS: A randomized double-blind study. The 1st Razavi Congress in clinical Nutrition and 2nd international symposium on nutrition. Razavi Hospital, Mashhad, Iran. 16-17August, 2014
2. Effect of probiotic containing *lactobacillus*, *bifidobacterium* and *streptococcus thermophilus* in critically ill patients. 33rd International Symposium on Intensive Care and Emergency Medicine 2013.
3. Factors associated with low birth weight of infants delivered in Tabriz: A case-control study. 12th Iranian nutrition congress. Isfahan, Iran. 2012
4. Effect of oral L-carnitine supplementation on physical performance of athletes. 12th Iranian nutrition congress. Isfahan, Iran. 2012
5. Comparison of complication between Percutaneous Dilatational Tracheostomy and surgical tracheostomy. Khorasan international congress of minimally invasive surgeries. Mashhad, 2012.
6. Effect of sibutramine on weight loss and liver function status in patients with nonalcoholic fatty liver disease. 1st American society for nutrition middle east congress. Istanbul, Turkey. 2012
7. Obesity and central adiposity in type II diabetes mellitus. 1st American society for nutrition middle east congress. Istanbul, Turkey. 2012
8. Effect of restricted diet and complex carbohydrates on Lipoprotein(a) level and obesity indices in NAFLD. 1st American society for nutrition middle east congress. Istanbul, Turkey. 2012
9. Kefir and its effects on health. 4th international congress on food and nutrition. Istanbul, Turkey. 2011
10. The diagnostic value of Magnesium loading test in screening magnesium deficiency in critically ill patients. 11th Iranian nutrition congress, Shiraz, Iran. 2010
11. Role of the nutrients on oral cavity cancers. 11th Iranian nutrition congress, Shiraz, Iran. 2010
12. Comparing the effect of metformin in the treatment of patients with metabolic syndrome. 1st Congress of Metabolic Syndrome. Tabriz. 2008
13. The comparison of acid and base status of arterial and venous blood of hand during anesthesia. 9th International Congress of Anesthesiology and Intensive Care. Mashhad. 2006.
14. Comparison of masseter rigidity after induction of anesthesia with thiopental- succinylcholine anesthesia vs. halothane- Succinylcholine anesthesia. 9th International Congress of Anesthesiology and Intensive Care. Mashhad. 2006.
15. Comparing the effect of metformin in the treatment of patients with metabolic syndrome. 1st Congress of Metabolic Syndrome. Tabriz. 2008

**Practical experience:**

• Teaching pathophysiology of disease, epidemiology of disease, essential nutrition, nutritional status assessment, and disease related to malnutrition for BS students of nutrition in School of Health and Nutrition, TBZMED

• Teaching diagnostic and laboratory tests, medical nutrition therapy for cardiovascular disease, hypertension, diabetes mellitus, renal disease and pediatric disease for nutrition trainees in School of Health and Nutrition, TBZMED

• Teaching nutrition principles for maxillofacial surgery residents in School of Health and Nutrition, TBZMED

• Teaching nutrition principles for BS students midwifery of nutrition in School of Nursing and midwifery, TBZMED

• Clinical education for students of nutrition in Sina, Imam Reza, Shahid Madani and Koodakan hospitals of TBZMED

• Getting certification for Research Methods from RDCC of Tabriz University of Medical Sciences

• Getting certification for alternative medicine (Iranian traditional medicine) from Tabriz University of Medical Sciences

• Getting certification for Scientific writing from RDCC of Tabriz University of Medical Sciences

• Getting certification for Case-Control studies from RDCC of Tabriz University of Medical Sciences

• Getting certification for Cohort studies from RDCC of Tabriz University of Medical Sciences

• Getting certification for Clinical Trials from RDCC of Tabriz University of Medical Sciences

• Getting certification for Systematic Review from RDCC of Tabriz University of Medical Sciences

• Getting certification for PCR from RDCC of Tabriz University of Medical Sciences

• Getting certification for Reference Manager from RDCC of Tabriz University of Medical Sciences

• Getting certification for End Note from RDCC of Tabriz University of Medical Sciences

• Getting certification for Teaching skills from Tabriz University of Medical Sciences

• Working as general physician in Miandoab Health Center

• Working as director in Thalasemia center of Miandoab

**Hobbies:**

Learning foreign languages